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Suffolk Journal vol. 75, no. 4, 9/24/2014

Suffolk Journal

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Recommended Citation

Suffolk Journal, "Suffolk Journal vol. 75, no. 4, 9/24/2014" (2014). *Suffolk Journal*. 589.
<https://dc.suffolk.edu/journal/589>

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THE SUFFOLK JOURNAL

SUFFOLK UNIVERSITY • BOSTON

THE AWARD-WINNING STUDENT NEWSPAPER

VOLUME 75, NUMBER 4

SUFFOLKJOURNAL.NET @SUFFOLKJOURNAL

September 24, 2014

SUFFOLK'S TOP 10

Melissa Hanson
Editor-in-Chief

Top officials at Suffolk University, including members of the administration and two law professors, are receiving large paychecks, but their salaries are less than that of officials at other area universities.

To its 10 highest paid officials, Suffolk is shelling out a grand total of \$3,434,909 in base compensation plus benefits and retirement. However, that is one of the lower totals among area colleges and universities.

These numbers represent the 2012 calendar year and were filed in public documents

for the 2012 to 2013 fiscal year. This is the most recent data available.

The highest paid persons at the university during that time, based on total compensation, were former president James McCarthy, Camille Nelson, dean of the law school, William O'Neill, dean of the Sawyer Business School, Kenneth Greenberg, dean of the College of Arts and Sciences, Janice Griffith, a Law School professor, John Nucci, vice president of government relations and community affairs, Barry Brown, former provost and acting president, Danielle Manning, senior vice president for finance and administration and treasurer, Michael Benham, associate dean and dean of graduate

Suffolk University's highest paid employees during the 2012 calendar year

Information gathered from the most recent public documents and based on total compensation.

James McCarthy	\$544,614
Camille Nelson	\$418,145
William O'Neill	\$342,540
Kenneth Greenberg	\$337,922
Janice Griffith	\$333,092
John Nucci	\$328,472
Barry Brown	\$305,989
Danielle Manning	\$305,158
Michael Behnam	\$274,125
Alasdair Roberts	\$270,026

Graphic by Suffolk Journal

programs and academic affairs, and Alasdair Roberts, a law school professor.

McCarthy made a base compensation of \$435,620 and was paid \$108,994 in other compensation, retirement, and nontaxable benefits. The former president abruptly

left the university at the end of August, just days before the beginning of the current academic year.

McCarthy's successor, Norman Smith, said in a previous interview with

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Suffolk's Neighbor Garden of Peace a memorial to victims of violence



Photo by Sam Humphrey

Sam Humphrey
Opinion Editor

"You alright?" a young woman asked a small, older woman by her side.

"Yeah, I guess so," the older woman exhaled, sighing and squeezing the younger woman's hand. Both stared at a name carved into stone at the Garden of Peace, a solemn memorial to Boston's victims of violence, nestled between the structural skeleton that is 20 Somerset, Suffolk's academic building that will be ready for use in the fall of 2015, and surrounding high-

rise office towers.

Their moment mirrored many others that evening, as people congregated in the Garden last Thursday to remember loved ones and friends, both mourning their loss and celebrating their lives. At the start, it was hard to gauge whether the event was more mournful than celebratory. Like the temperature that evening -- not too hot or too cold -- the event's atmosphere was an appropriate, comfortable balance between the two.

"You'll never see this mix of people anywhere else," said Jude Vajda, whose sister

Bernadette is one of the Garden's founders. Vajda said their father was murdered 15 years ago. "Violence and homicide don't discriminate."

Mourners were joined by Boston police officers and detectives, those in charge of keeping the city safe and investigating crimes. Boston Police Commissioner and Suffolk alumnus William Evans entered the crowd alone in a blue civilian suit. He quietly surveyed the mourners, and made his way over to an acquaintance off to the sidelines before taking a seat next to Attorney General and gubernatorial

candidate, Martha Coakley.

Chair of the Garden's Board of Directors Leah Green stood at a podium on a patch of grass surrounded by an imposing black marble wall. The audience faced her. Last year, there were 862 victims' names in the Garden.

"This year, the number is 901," Green said. A woman shook her head in dismay. Like many in the crowd, she could not contain her astonishment.

"This Garden is more than a place, it's an idea," Martha Coakley, who followed Green, said. "It is also a special

See *GARDEN* page 2

Counseling, Health and Wellness Center merger



Photo by Jonathan Acosta Abi Hassan

Heather Rutherford
Asst. News Editor

The merging of Suffolk University's Counseling and Health and Wellness Centers over the summer was inspired by director Jean Joyce-Brady's passion for health care, which connects mental health and physical well-being.

"Because the mind and body are interrelated, I needed to ask myself, 'how do you look at a wellness and health education program and make sure those points are there across the spectrum in terms of what you're offering,'" Joyce-Brady said in an interview on Monday.

The director has had a long career working with university counseling centers, holding both management and administrative positions.

When Joyce-Brady first arrived, she set a plan to combine the separate health and wellness center with the counseling center. An administration and decision-making team was formed, which includes director Joyce-Brady, Medical Director Dr. Paul Heinzelmann, Assistant Director Paulette Giambalvo, Training Director Lynda Field, and Associate Director George Leehan. The outreach education program includes Giambalvo and Dr. Teresa Blevins.

The two offices merged into one, and was renamed the Counseling, Health & Wellness Center. A wall was also knocked down on the fifth floor of 73 Tremont in order to physically connect the spaces.

And with a new name came a new mission statement. The new mission statement means more to Joyce-Brady than just a phrase on the

See *CWH* page 4

POLICE BLOTTER

Monday, September 22

11:41 a.m.

Off Campus

Larceny.

Monday, September 22

12:22 p.m.

Off Campus

Harassment.

Saturday, September 20

12:50 a.m.

10 West

Minor in possession of alcohol.

Judicial internal.

Saturday, September 20

8:24 p.m.

Miller Hall

Drug law violations. Judicial internal.

NEWS BRIEF

CLAS unveils new online scheduling

The Center for Learning and Academic Success, or CLAS, has made some changes this year. There is a new online scheduling system that students can get to by visiting trac.suffolk.edu. Here, students can schedule an appointment at a time that works best for them. They can also call 617-573-8235, or visit the office and make an appointment in person. CLAS has a Twitter account @SuffolkCLAS, and is located on the second floor of the library. There are tutors that help across all areas of study -- including, but not limited to, statistics, chemistry, writing, and more.

"It's On Us" public awareness campaign to prevent campus sexual assault launched

Thalia Yunen
News Editor

The U.S. Government has announced a public-private campaign called "It's on Us." The campaign was created to engage college students, of all genders, to participate in preventing sexual assault and learn from the conversation, according to a statement from the White House.

The government has partnered with private entities like Viacom and other media channels, as well as public entities like the NCAA and AAUW to launch the campaign.

They are also calling on student leaders from universities and colleges across the nation to spread the word and take the pledge.

"This campaign is a great way of spreading awareness about sexual assault," said Rachel Barouch, a member of the Suffolk University Peer-health Educator Resource (SUPER). "Many people don't really understand the meaning of consent. It's spoken permission for something to happen or agreement to do something."

On itsonus.org, leaders of the campaign are asking people to pledge to four things: to recognize that non-consensual sex is sexual assault, to identify situations in which sexual assault may occur, to intervene in situations where consent has not or cannot be given, to create an environment in which sexual assault is unacceptable and survivors are supported.

"It's important to understand that sexual consent must be a verbal yes or no, because different signals, like a head nod, can mean different things to [different people]," said Barouch. "Once someone

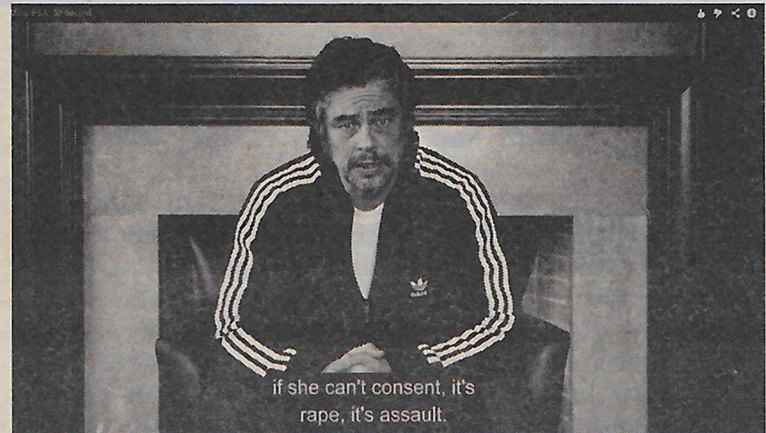


Photo courtesy of U.S. Government PSA

Actor and film producer Benicio Del Toro participated in the PSA campaign for "It's On Us," released by U.S. government.

gives consent, they can always change their mind. Once they say 'no, stop, I don't want to' the consent is no longer present."

The U.S. government estimates that one out of every five women is sexually assaulted every year. Effects of sexual assault include post-traumatic stress disorder, sleep and eating disorders, depression, self-harm, substance abuse, and more. In 2011, the government released a comprehensive guide to preventing and responding to sexual assault at colleges and universities everywhere, according to the statement. In 2014, President Barack Obama and Vice President Joe Biden established the White House Task Force. It was formed to help schools develop guidelines for preventing and handling sexual assault. At least 75 schools are being investigated for their handling of sexual assault cases by the government.

Barouch also offered some tips for staying safe on campus.

"Always travel in groups, use the buddy system, be aware of your surroundings. Be aware of what you are ingesting. When a person is intoxicated, they

are not able to give consent because their judgment is impaired," said Barouch.

"It's On Us" will include partnerships with "media platforms, the college sports community, student leaders, athletes, celebrities, and other stakeholders," the statement from the White House said.

The campaign will not only focus on college students. According to the same statement, recommendations made by the U.S. Government may also apply to grades kindergarten through grade 12.

"The Task Force is working to identify how its recommendations apply to K-12 schools, and has kicked off a series of listening sessions to engage stakeholders in this conversation," the statement said.

It also said, "The Department of Education continues to work with school districts, colleges and universities to improve the response to sexual assault including through comprehensive remedies requiring schools to conduct climate surveys, train students and employees, and provide prompt and equitable relief to victims."

Somber, but uplifting, gathering at Garden of Peace

From GARDEN page 1

remembrance to [victims of] unsolved homicide." The line resonated deeply with many in the crowd, who nodded their heads in agreement.

Coakley introduced Will Morales, the executive director of Boston's YMCA Achievers and the Eagleston Square Youth Center in Roxbury.

"I was raised in violence, my career works with violence, and too many children are growing up in it," Morales said. Raised in a family where his father beat his mother, Morales also witnessed his

uncle's murder at age eight.

"I was standing so close to [my uncle when he was shot] that some of his body tissue ended up on my face," Morales said.

The Garden, Morales said, "Celebrates both the victims of violence, and those who champion against it."

"Look around you," Morales said. He was serious, and he made sure that the crowd stood up and greeted those sitting near them. "You are not alone. Most importantly, this is your healing community."

Annie Cox, a Boston police officer, followed Morales at the podium. Cox's son, Dana, was murdered in 1990 over a middle school fight that took place five years earlier. His killer is serving life in prison without chance of parole.

"We are members of a club that we did not sign up for," Cox said of the parents, friends, and relatives of violence victims. Cox noted that two mothers lost their sons, her and the mother of Dana's murderer.

This Garden lets us come

together, and deal with our grief in a constructive use," Cox said.

"[The Garden of Peace] are advocates for a very somber and important issue and that is addressing the violence in our society and honoring the victims it often claims." Suffolk's Vice President of Government and Community Affairs John Nucci told the Journal in a phone interview a few hours before the memorial service. Nucci, who serves as Suffolk's representative on the Garden's Board of Directors,

said that Suffolk donated food to the candlelight ceremony and worked closely with them as the school planned 20 Somerset.

"I hope that once 20 Somerset is opened we can better integrate students with the Garden and its programming, and find ways for our students to spread its message," Nucci said, calling the Garden an inspirational location. "It'd be a wonderful collaboration."

Program Council plans ahead: goals include promotions, collaboration

Thalia Yunen
News Editor

Suffolk University's Program Council (PC) has decided to make changes to their programming. This year, their major objective is to collaborate with other student groups to provide the best experience for Suffolk students.

PC recently made a decision to cut their Meal 'N Reel program because of low attendance.

"There was a max of 15 people coming, and even less people stayed to watch the movie," said Kelsey Johansen, the president of PC. Along with the low attendance, it was costing the club between \$500 and \$800 to pay Swank Motion Pictures, Inc. for the rights to play the movies.

"To not have the audience there was disappointing," said Johansen, who is a public relations major.

When they reviewed their numbers in February, PC decided to cut the program. Johansen thinks Netflix is a big reason for low attendance.



Photo courtesy of SLI's Facebook

Members of the PC E-Board on a retreat in Thompson Island.

"They have newly released movies, and technology at their fingertips." Despite this, Johansen mentioned that PC is still seeing a great turnout in their "Commuter Social" and "Fun With PC and SGA" nights.

As the university's largest programming board, PC decided to change the way they program and their goals as a club.

In the month of October, Suffolk PC is going to have

a tropical-themed daytime event, with live animals on campus and smoothies to accompany them. They're also going pumpkin picking and planning to have an outdoor movie night on the Boston Common. But, working with the hectic schedules of Suffolk students is something the club always has to combat.

"We've come to terms with the fact that Suffolk is a commuter school. We've cut

films and [have] introduced a Daytime Programming Committee that meets once or twice a month." Johansen said they try to "give commuter students something to do, and try to utilize different times so that [they're] not ignoring the [commuter] group."

Not only do they schedule to include everyone, they schedule to not exclude other groups from having their big moment.

"It's a big thing we try to avoid," Johansen said. PC plans their events well in advance, and tries not to schedule events on nights like the SGA Awards, or Suffolk's annual drag show.

"We know how chaotic those periods can get," Johansen said when asked about whether or not they run into problems when scheduling a meeting during Tuesday and Thursday activities periods.

The way that PC works is that the board is broken down into committees, including public relations, off-campus, publicity and promotions, and so on. In those committees, general members help to brainstorm what events they think should

be happening at Suffolk. From there, logistics like finding a location and venue, day and time, and more are worked out, and then promotion happens.

"We put a lot of faith and thanks into Paula Dixon," said Johansen when referring to their publicity and promotions chair. PC does a mix of online (Twitter, e-mail, Facebook), and traditional advertisements like flyers, to try to get people heavily involved in the club.

Along with making sure sure that they are collaborating with other student groups to schedule their own events accordingly, PC's major goal is to help promote other clubs and organizations.

"We as a programming board don't want to dominate the schedule. PC has established a reach on and off campus. Even if we can't support other clubs financially, we are always open to promoting them."

There's plenty to keep busy about at Suffolk PC. Johansen said, "PC is always looking for new members, new ideas, and even feedback. Please don't hesitate to reach out to us on social media or even in person."

Compensation for highest paid officials not tantamount to area schools

From TOP 10 page 1

the Journal that he is paid through the Registry of College Presidents, and that he is collecting a sum "far below anything that was ever paid here in the past."

Suffolk University has a philosophy on compensation which states "The Board of Trustees is committed to ensuring that compensation agreements with senior executives are reasonable and consistent with universities of similar size and characteristics, and reflect the University's mission and values. The University's philosophy is that executive compensation should be reflective of Suffolk's standing and reputation as a leading academic institution. Compensation should be competitive with similarly situated institutions, with the goal of attracting and retaining the personnel talent to achieve the University's mission."

According to public records, other universities in the area are paying their presidents somewhere in the range of \$800,000 to \$1 million.

Though, some presidents were paid about the same as McCarthy, including Endicott College's Richard E. Wylie, who brought in a total sum of \$580,202, according to public records. Similarly, the president of all five University of Massachusetts schools, Robert L. Caret, was paid \$653,473. He is not the highest

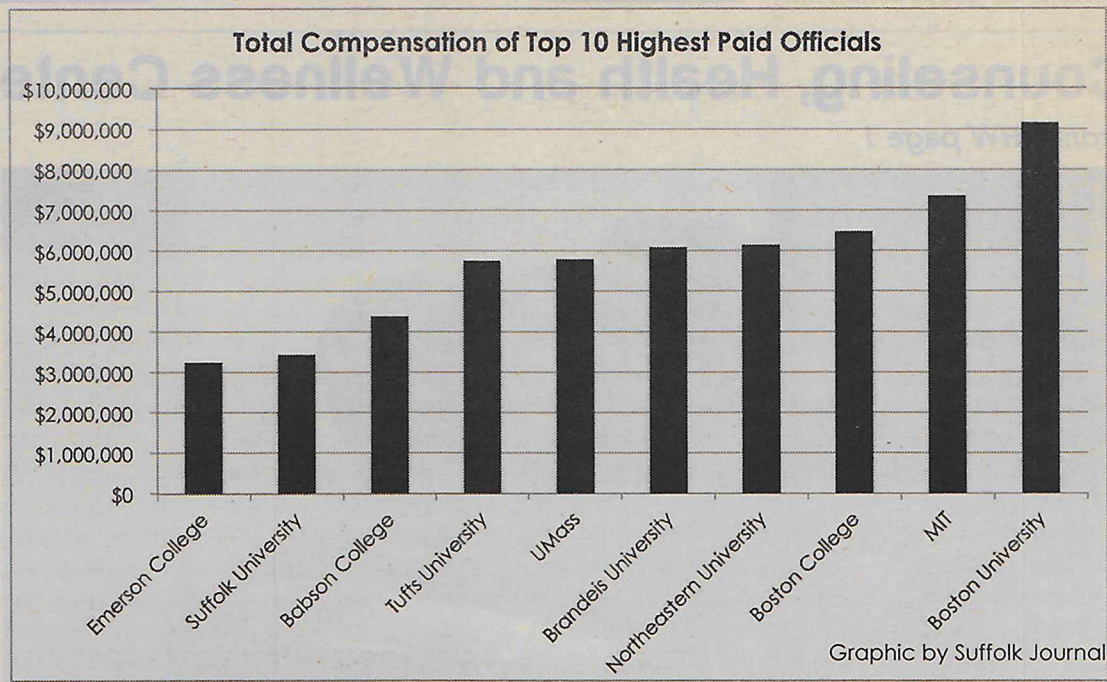
paid official at UMass.

Emerson College pays its 10 highest officials a total sum of \$3,227,226, which is slightly less than Suffolk University. Emerson's president M. Lee Pelton was paid a total of \$817,175 during the same time period as McCarthy's lesser compensation.

Most other institutions in the area are paying their top officials more than Suffolk and Emerson. Babson College paid more than \$4 million to its top 10; Tufts University and the University of Massachusetts more than \$5 million; Brandeis University, Northeastern University and Boston College more than \$6 million; Massachusetts Institute of Technology more than \$7 million; and Boston University paid its top 10 more than \$9 million.

Data for the calendar year 2012 was not immediately available for Harvard University, but for the 2011 calendar year, the Ivy League paid its top 10 officials more than \$6 million.

Boston College's president is not listed under its highest paid employees. In fact, outlets including *Boston.com* and *The Boston Business Journal* have reported its president Rev. William P. Leahy is paid nothing by the college. According to public records for BC, its top paid official is the football coach, Frank J.



Spaziani, who earned more than \$1 million.

At schools like Northeastern, MIT, Harvard, and BU, some professors are making base salaries upwards of \$500,000 or \$600,000, before other compensation is added.

That is higher than at Suffolk, where the two law professors in the top 10 were paid no more than \$265,907 in base salary, numbers comparable with that of Emerson and Babson.

The Journal reached out to Suffolk's highest paid employees. Everyone declined to comment except Alasdair Roberts.

"Please note that the data was accurate at the time at

which the relevant document was filed," Roberts said via e-mail. "You'll recall that the Rappaport Chair in Law and Public Policy was terminated by the university earlier this summer."

The Rappaport Center was shut down by Suffolk in mid-August. Roberts was the center's chair in law and public policy. The cost of that position, however, was offset by the gift the center gave to the university.

McCarthy stepped in as president in 2012, so Brown's compensation was for his position as provost through June 2012, as well as a stipend for his time as acting president in Jan. 2012, according to Greg

Gatlin, a spokesman for the university.

The public document also shows that David Sargent, Suffolk's longest serving president, was still being paid money by the university during 2012, after his leave in 2010. Near the end of his tenure, Sargent was paid a large salary, which some outlets including *The Boston Globe* reported was up to \$2.8 million.

Sargent had no base compensation in 2012, but did collect \$182,341, according to the document. That money was severance, part of an agreement made between Sargent and the university, according to Gatlin.

Dave DeAngelis lives for leaderSHIP

Colleen Day
Journal Contributor

It is only fitting that David DeAngelis, the director of Student Leadership and Involvement at Suffolk University, is both the captain and first-mate of his 40-foot C&C sailboat he lives on year-round. The seven-year Suffolk faculty member and 15-year resident of Boston noted that his passion for leadership coupled with his long-standing and fond relationship with boating is, "just an awesome coincidence."

DeAngelis' philosophy about his floating home is to cut the excess and come to the realization that you can have anything you want, but you don't need everything. Equipped with a refrigerator, freezer, full bath and bedroom along with two flat screen TVs and Wi-Fi, DeAngelis has all the amenities of a standard apartment minus the basement. During the winter when Boston's weather is less forgiving, DeAngelis covers his boat with a clear shrink wrap, feeds it propane and diesel and curls up and faces the cold in the same exact way any off-campus commuter would after a day of class or work.

DeAngelis' life, much like his work, is all about community.

Surrounded by over 150 neighbors from all walks of life including that of a lawyer and the crew of the U.S.S. Constitution, he notes that, "leadership is strongest when it is a group effort built on the principles of collaboration and mutual respect." His efforts on board his houseboat help enable students to work together, develop interpersonal skills and gain confidence in an environment that is both challenging and rewarding.

Throughout his time living on the boat in Charlestown and working at Suffolk he has formed quite the network of people he fondly calls his, "extended family." He said, "We all support each other, probably more than an apartment building community in the city. We keep an eye out for each other and our boats." He continued, laughing, "It's to the point that if I go away or I'm busy I'll get all these calls and texts from everyone asking where I am and if I'm okay."

Suffolk is booming with student affairs and home to more than 80 student-



Photos courtesy of Dave DeAngelis



run clubs and organizations. When DeAngelis took up employment at the university, he was immediately drawn to the opportunity and prospect of participating in experiential learning programs outside of the classroom and knew exactly which course to instruct.

After taking 40 students sailing on the Charles River Sunday, he said, "Being able to offer programs like that are very unique to Suffolk and the idea that I can help students build leadership competencies beyond just an impressive GPA is amazing. My efforts are all about creating the holistic student. Students with leadership skills and awareness of their surroundings outside

the classroom are more likely to get hired, go onto graduate school and most importantly, be a noteworthy and well-rounded member of our society."

DeAngelis, who received an undergraduate degree at Plymouth State University and his master's from Western Illinois University, admits that his time in the harbor may be coming to a close in the next year. But, he said that his passion for leadership, his minimized approach to life and his love for student affairs and co-curricular learning experiences will always be on-board and, for him, what makes Suffolk such an outstanding institution.

Counseling, Health and Wellness Center values integration

From CHW page 1



Photo by Jonathan Acosta Abi Hassan

Director of Counseling, Health & Wellness Jean Joyce-Brady.

back of a pamphlet, she said. "This is for people to start working more as an integrated team, because we've had these two teams that have worked in a very separate kind of way. In order to really grow personally and to succeed academically, you have to take care of your wellness." The center sees itself as central to the mission of the university, to keep students moving forward in a healthy and focused way.

The next move was to combine their resources.

"The Counseling and Health

and Wellness centers had been using two different medical recordkeeping systems, and if you're going to be an integrated system where the potential is there, you really need to be using the same record keeping system," Joyce-Brady said.

When she came to Suffolk, the counseling center converted to the same system as health services in terms of technology, Joyce-Brady said.

This merging of systems is not only beneficial for organizational purposes, but benefits the students for what is called

an "integrated plan." When a student gives consent, both the medical provider and counselor are sharing the same medical records in order to give integrated care. By managing a physical disease, as well as giving behavioral techniques to manage the symptoms, a counselor and a member of the medical staff consult and develop a plan with students.

"It's like learning two different cultures," Joyce-Brady said. "It's not that one is good or bad, it's just different. It's important to learn and ap-

preciate their differences and figure out how to integrate where you can."

Physical and mental health, "are not separate," said Joyce-Brady. "By looking at the relationship between medical conditions and psychological symptoms and the reverse, my hope is that there's a deeper understanding for the students about how important it is to see all of these relationships."

For colleges and universities, the method of integrated care is still relatively new.

The last change for the merger was to combine spaces.

"The main roadblock for us was the health clinic's hallway really goes right into the back of an office. Thinking, if we could break through there and knock down a wall, we could then have an expanded reception area," said Joyce-Brady. The wall was then knocked down.

Now with a larger reception area, there are kiosks where students sign in, whether it's for a drop in appointment or a scheduled meeting with a health physician or counselor. The information is put into a cue that is sent directly to a staff member. This process is, "a really expedient, quick and yet still private process for stu-

dents because whatever you're putting there is going to the provider that you are going to see," said Joyce-Brady.

The existing support staff were consolidated and are being continually trained to understand the relation between mind and body. Suffolk University Peer Health Educators, or SUPERS, will probably take over their previous space.

The counseling center is also the American Psychology Association, or APA, training site for doctoral level graduate students who are studying to be counselors.

"I think the challenge of when you do this is that you can't fall down in providing day-to-day services," said Joyce-Brady. For this reason, the renovations didn't happen until the summer. "With any change that you create, some things just immediately work well, and some things need to be tweaked. Ultimately, we want to be the best we can be for students, if we're not making a difference for them, then we need to change."

The Counseling, Health and Wellness Center has expanded its counseling urgent care walk-in hours and medical service hours, and is located on the fifth floor of 73 Tremont.

Campus voices: On Israel and Palestine

Challenging the biased U.S. Media

Yasmeen Hamdoun
Journal Contributor

The biased U.S. media is one of the reasons why Students for Justice in Palestine chapters have sprung up all over U.S. campuses. SJP attempts to serve as an alternative media source that exposes the reality of Palestinians who are constantly suffering under the occupation, apartheid policies, and endless human rights abuses they are subjected to due to the State of Israel.

A scholar at the Center for Middle East Studies, Mohammed Elmasry, said that a study conducted by Yousef Munayyar "revealed that a total of 45 Israeli officials were interviewed by *CNN*, compared to just 20 Palestinian officials, [and] an ongoing, but incomplete, analysis of this year's violence by the Palestine Center shows that this is happening once more between June 30 and July 9, *CNN* interviewed a total of 17 Israeli officials, but just one Palestinian official."

Elmasry writes that there is an extensive body of literature on the U.S. media's coverage of Israel-Palestine, and all of them reveal the same thing: "Israeli perspectives are highlighted and legitimated, while Palestinian perspectives are marginalized."

According to Marda Dunskey, a journalist and professor at Northwestern University, coverage on the situation in Israel-Palestine lacks context and fails to address its root causes. Dunskey believes this bias to be "implicit in the absence." In other words, due to the lack of context provided, U.S. media coverage outwardly favors Israel.

If the media were to educate the public about the fact that during and after 1948, Zionists forcibly expelled several hundreds of thousands of Palestinians from their homes, forcing them to flee to other countries as refugees, would we view the actions of Palestinian resistance groups differently? What if they were to start off by acknowledging the list of injustices Israel commits against Palestinians on a daily basis? This includes subjecting them to military checkpoints, home demolitions, settlement building in Palestinian territories, unwarranted arrests and indefinite detentions, siege and occupation, control of all their resources, and trapping



Photo courtesy of Wikimedia Commons

Protesters in Washington D.C.

them in essentially an open air prison due to the apartheid wall and blockade?

The situation is painted as a "conflict" or a "war," as if there are two equal sides fighting. In reality, it is the oppressed Palestinian struggle against their oppressor - the Israeli government.

"The situation is painted as a 'conflict' or a 'war,' as if there are two equal sides fighting. In reality it is the oppressed Palestinian struggle against their oppressor - the Israeli government."

Hamas relies on homemade rockets that cause little damage because they do not have an army. The weaponry of Palestinians compared to that of the Israeli government respectively is like comparing a sword to a drone. Everything that comes and leaves Palestine is under the control of Israel. To focus on Hamas' faults in sending rockets is to say that an oppressed people, after 66 years of living under Israel's brutal occupation and apartheid, do not reserve the right to resist and defend themselves.

Many say that Hamas is at fault for initiating the fighting. But contradicting claims made by the Israeli government makes us question the legitimacy of such accusations. First, they blamed Hamas for kidnapping teens but later attributed the kidnappings to a

"lone cell" loosely affiliated with Hamas. They have no evidence to support their claims.

These allegations came at a very interesting time, just shortly after the Fatah-Hamas alliance that had enraged Israel. Even the U.S. did not condemn this alliance despite pleas by Israel, which made the Israeli government angrier. Upon further research, evidence points to the idea that the kidnappings were a well-thought out propaganda scheme and false flag operation to ruin the recent Palestinian political advancements and, once again, throw Gaza into destruction.

A Latino student who came to the SJP table at Temple Street Fair told me that the moment he realized our media was biased toward Israel was when he compared the coverage of the attack he saw in Venezuela to the coverage he saw in the U.S. The pro-Israeli bias in U.S. media was in sharp contrast to Venezuela's coverage which sympathized with the Palestinians who were victims of intense bombings on their own stolen land and condemned the brutal actions of their Israeli occupiers.

The mainstream news outlets in the U.S. are often censored in agreement with the government's political stances and opinions, and Israel is a close ally of the U.S. In addition, powerful organizations such as the Committee for Accuracy in Middle East Reporting in America devote their efforts to censor American journalists who reveal the truth about Israel and Palestine. Thus, we get this distorted, biased picture of Israel-Palestine, which completely disregards the reality of the situation.

From Shuja'eya to Shatila: remembering the massacres through the years

Laila Sadeddin
Journal Contributor

It has become a habit for Palestinians to commemorate brutal massacres that have befallen us year after year and generation after generation. As new age groups are born, we are forced to remember the slaughters that our ancestors lived to witness and tell us stories about, and new massacres that our brethren back home are experiencing on a day-to-day basis.

Last week, the Palestinian and Arab community all around the globe commemorated the Sabra and Shatila Massacre that took place 32 years ago in the refugee camps of Lebanon. Between Sept. 16 and 18, 1982, thousands of innocent Palestinian and Lebanese civilians were killed and slaughtered under the supervision of Israel and the Lebanese Phalangist militia. Stories of the atrocities our people experienced and saw firsthand are always shared; vigils are always held; and, for that whole week, we relive and relearn everything about our dark history as if it is the first time we were hearing it.

Thirty-two years later, one of the biggest slaughters of the Palestinian people cannot be addressed without mentioning the genocides and massacres we are seeing and reliving today. There is a defined ternary between the events from 1948 to 1982 to 2014.

To say that it is devastating to remember each horrific event, honor its martyrs, and commemorate our occupied homeland is an understatement. As the decades go by, it gets harder.

On July 8, Palestinians in the Gaza Strip woke up to a completely different and broken neighborhood than they had known before. The neighborhood district of Shuja'eya, in the Gaza Strip, was awoken by heavy shelling and artillery during the merciless Israeli offensive on the Strip ("Operation Protective Edge"). More than 100 Palestinians were brutally killed in their sleep, among them children, women, and the elderly.

It was a shock to Pales-

tinians worldwide - another massacre taking place right before our eyes?

The answer was clear as day.

At midnight on July 20, Israeli forces sent their F-16s, tanks, mortar fires, and troops into Shuja'eya. The results were heartbreaking. The photos that came out of this neighborhood the following morning served as déjà-vu to those who lived to tell the tales of 1948 and 1982. Scenes that came out of Shuja'eya looked too familiar to the scenes that came out of the refugee camps of Sabra and Shatila three decades ago.

It has become status quo for Palestinians worldwide to live with and keep track of each Israeli offensive, each war, and each massacre that slams our nation and its citizens. It happens every year, and as the number of our martyrs increases, as the amount of land we can claim as ours decreases, we have no choice but to remember, compare, and contrast the events that took place the years prior. We recollect and cry over massacres, old and new, year after year. We honor our massacres. We mourn our massacres. We hold moments of utter silence for our massacres, moments that seem to have no end in sight.

One thing is for sure: nothing will ever be forgotten or erased. From Deir Yassin, to Qibya; from Khan Yunis to Jenin; from Sabra and Shatila, to the "Massacre at Dawn" of Shuja'eya, Israel's crimes have always gone uncharged and unchecked. The slaughter of our people and the murders, cruelty, and illegal occupation that we have endured every day since 1948 has become a part of our resilient culture that is known for breathing in resistance in and out.

Thirty-two years have passed since Sabra and Shatila; thirty-two more years will pass after the massacre at Shuja'eya, and with each year, we will remain steadfast in demanding justice and telling those who may have forgotten: the last thing we will do is forget the history that has shaped us into the Palestinians people we are today.

Hamdoun and Sadeddin are members of Suffolk's Students for Justice in Palestine.

Ukraine under pressure

Alexa Gagozs
Journal Staff

The conflict with Russia and Ukraine never had a true beginning, nor has it had a true ending. Ukraine never fully declared itself under attack, so it can never say that the country has been defeated. Although Ukraine has had some victories, their failures have been more notable. After six months of fighting, they have lost more than 3,000 men and have lost control of part of the east with the annexation of Crimea, according to *The Economist*. Additionally, Russia pressured delay on finalizing the Ukraine-European Union Association Agreement, threatening Ukraine with stricter trading policies to prevent European products from flooding into Russia.

On Sept. 16, Petro Poroshenko, the Ukrainian president, called the day historic after the EU ratified the agreement of the Ukrainian Rada. Poroshenko led a chorus in the anthem, "Ukraine is not dead yet."

The Economist reported Poroshenko called it a "celebration" since the former president, Viktor Yanukovich, rejected a version a year ago that had sparked a series of civil unrest and protests in Ukraine.

Despite the celebration, the plan will not be put into place until the end of 2015 to give Russia, Ukraine, and the EU time to find a compromise. *BBC* reported that Poroshenko has urged the U.S. military to assist their "ill equipped young servicemen" towards the pro-Russian eastern separatists.

According to *BBC*, Presi-



Photo courtesy of Wikimedia Commons

U.S. Secretary of State John Kerry and Ukrainian President Petro Poroshenko at NATO summit.

dent Barack Obama said that military support would only include non-lethal equipment. Poroshenko insisted, telling Congress that Ukraine needed more equipment, which meant both lethal and non-lethal weapons. Even with Obama's comments, Congress gave applause and standing ovations throughout Poroshenko's speech. According to *BBC's* North American Editor, Jon Sopel, the U.S. lawmakers wanted to show Ukraine's president that his fight was also theirs.

By the end of the meeting, *BBC* reported Obama proposed \$46 million in assistance for the Ukrainian military, but stopped short at the request of lethal aid.

Meanwhile, the EU is ignoring President Vladimir Putin on his threat of sending troops to Ukraine's capital Kiev and other European capitals, such as the ones of Nato military alliance members Poland and Romania, "within two days," according to *BBC*.

In the Italian newspaper *La Repubblica*, Putin was quoted

telling European Commission head Jose Manuel Barroso that he could "take Kiev in two weeks."

Novoazovsk and Bezi- menne, two cities in Ukraine, were taken down by rebel forces. A large area north of them is also being occupied, according to submissions to *BBC*.

It is clear that Ukraine cannot win against Russia, but not just because of their military. Russia has its limits, and the people of Russia do not want full-on war with Ukraine. They are sick of the killings of soldiers and the recession that sections of the country are now diving into, according to *The Economist*. Both presidents want a truce: Putin to avoid the questions raised by the relatives of the dead, and Poroshenko to win the next parliamentary election in late October.

Nevertheless, the end of the conflict is not close. Rebels continue to advance in the east as they capture more territory and the violence continues.

Scotland remains with the U.K.



Photo courtesy of Wikimedia Commons

Scotland had an unprecedented 84 percent referendum turnout.

Sylvain Gaulier
Journal Contributor

Scotland voted against independence from the United Kingdom on Thursday. Fifty-five percent of Scottish citizens decided against the uncertain future that would have faced this small independent country. British Prime Minister David Cameron is relieved by this outcome, avoiding his forced resignation. According to *BBC*, he said, "It is time for our United Kingdom to come together and move forward."

The unprecedented 84 percent referendum turnout confirms the importance of the vote for the wide majority of Scotland. In order to clinch this political victory, the Conservative Party made many tradeoffs with the Scottish National Party, including greater fiscal powers to the parliament. The increased Scottish autonomy at the cost of its continued membership

to the United Kingdom has fuelled burning separatist desires from Wales, Northern Ireland and even London, its wealthiest constituent. *BBC* reports that Cameron promised significant constitutional changes in Scotland, England, Wales, and Northern Ireland.

Cameron is now in an unfavorable situation as he will have to deal with profound national divisions across Scotland and the whole United Kingdom. Indeed, internal divisions could have a lasting impact on politics.

The Guardian announced the Church of Scotland has offered a service of reconciliation following the referendum. Internal divisions could have a lasting impact on politics.

Even though Cameron thinks the Scotland referendum debate is settled for a generation, said *The Huffington Post*, the U.K. might undergo serious changes in a near future to address the lingering issues that this event has brought to light.

WORLD BRIEFS

West Africa | Ebola

The Centers for Disease Control and Prevention estimated "Liberia and Sierra Leone could have 21,000 cases of Ebola by Sept. 30 and 1.4 million cases by Jan. 20 if the disease keeps following its current trajectory" unless a control strategy is placed, according to *The New York Times*. In the "best-case scenario," under the circumstances that infected dead bodies are buried properly and patients are treated in controlled environments, the crisis could end by January 2015. It is estimated that there are at least twice as many Ebola cases than the ones that are reported. There is currently no effective plan in place to prevent Ebola from spreading.

Syria | ISIS

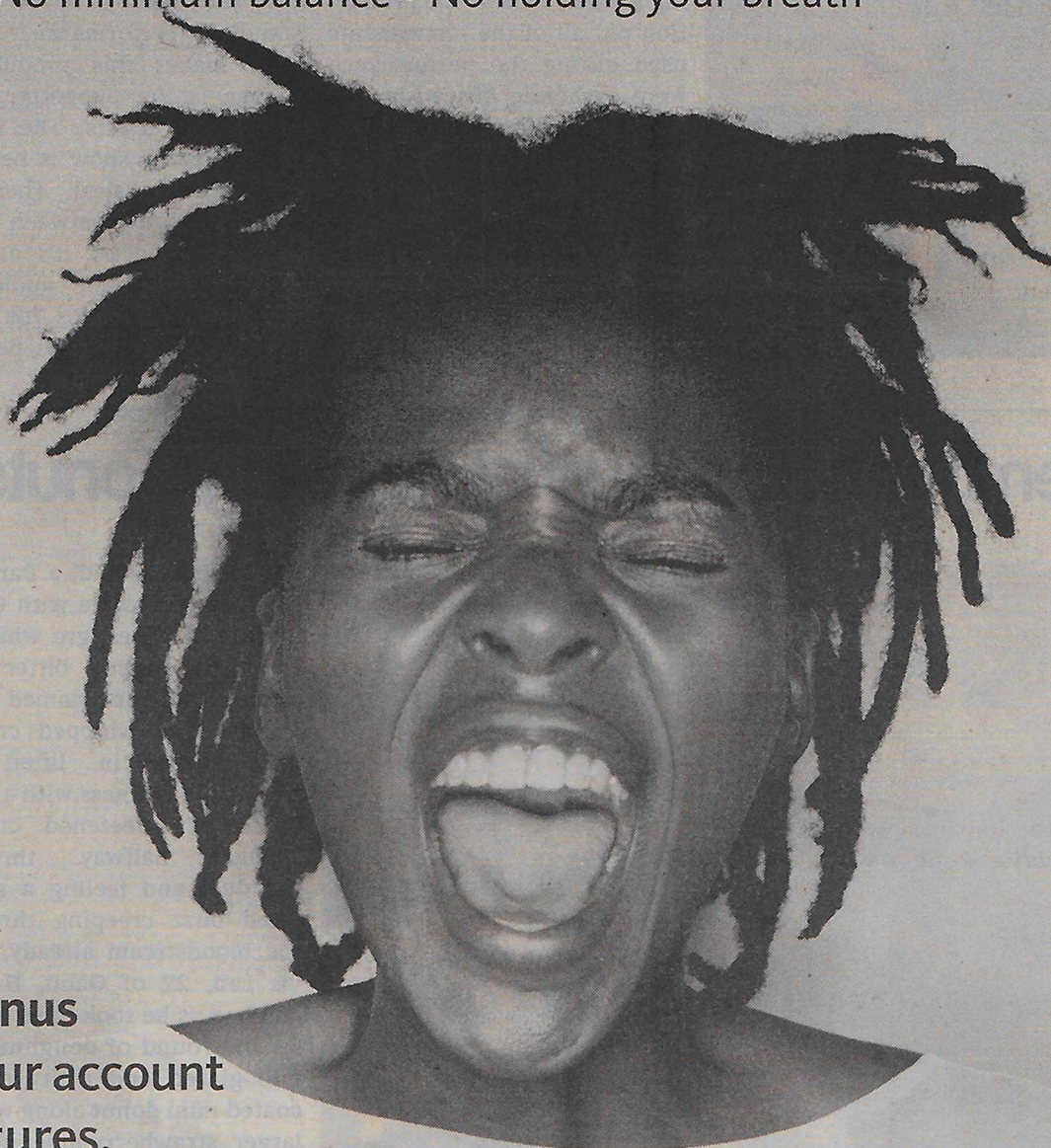
The U.S., previously only striking ISIS in Iraq, has expanded its campaign to destroy ISIS to Syria, according to *The New York Times*. The targets included "weapons supplies, depots, barracks and buildings the militants use for command and control." Less than two weeks ago, President Barack Obama said the U.S. will begin a harsher attack against the terrorist group. This move by the U.S. military changes the game on the country's fight against ISIS and "opens up a risky new state of the American military campaign," as reported by *NYT*. The U.S., along with allies, targeted ISIS through air and sea strikes.

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Hakuna Matata! "The Lion King" returns to Boston

Annie Walsh
Journal Staff

The country's highest grossing Broadway musical returned to Boston last week at the Opera House on Washington Street, planning to stay for a five-week duration.

"The Lion King" is known and loved by many devoted fans of all ages as the 1994 animated Disney movie. Since opening on Broadway in 1998, "The Lion King" has broken boundaries, setting records as one of the highest grossing shows.

Within the first five minutes of the show, the theater

is completely transformed into the plains of Africa, with a multitude of various animals and wildlife. The animals have all gathered to rejoice the birth of a new prince, heir to the throne that King Mufasa and his wife currently reside over.

The little cub grows up into a curious creature, making friends with Nyla, pushing boundaries and his father's patience along the way. The child-actors playing Simba and Nyla are extraordinarily gifted. Jordan A. Hall had such charismatic energy and a surprisingly powerful voice for such a small body. He carried the entire first act fluently and possessed the perfect chemistry for the father

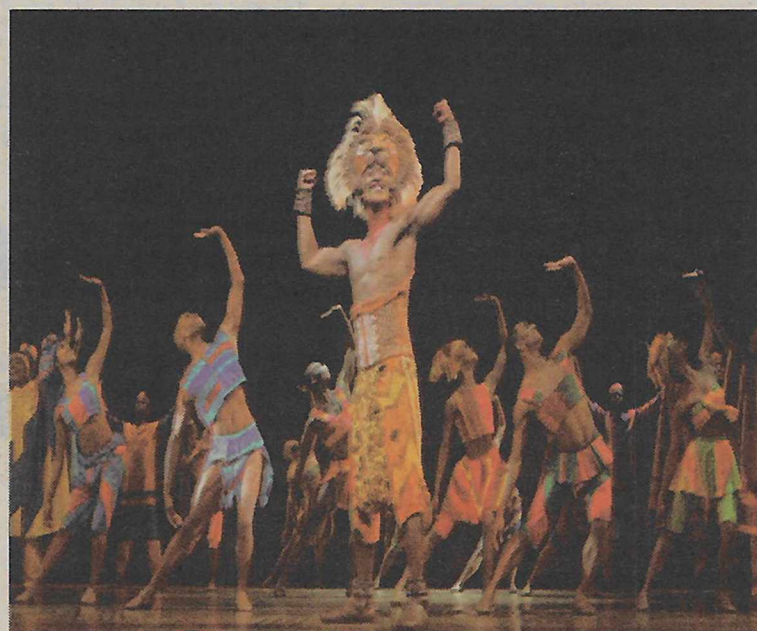
and son relationship between Mufasa and the young cub.

Even young Nya Cymone Carter stood out as Nyla, with her irresistible fluidity of movements and cute personality. The dynamic duo were an adorable pair and a force of talent to reckon with.

As the story continues, tragedy unfolds when King Mufasa is killed. Simba's evil uncle scar takes his place as king. Devastated, Simba retreats to the jungle to grow up with the hilarious meerkat, Timon, and the lovable wildebeest, Pumba.

The two puppeteers for these incredible characters capture the essence of the movie animated voices and characteristics. One of the standout performances of the evening was the performance of "Hakuna Matata." The entire audience was bobbing their heads and tapping their toes to the upbeat African drums. Taking a closer look at the production pit, all of the instruments used during the performance were authentic African instruments including dunan drums, bongos, a rain stick and many more. The effect of all the instruments together created sounds that resonated through the theater, transporting the audience to the Savannah.

The story unfolds as Sim-



Photos courtesy of The Boston Opera House

Cast members performing a scene from "The Lion King"

ba realizes he cannot let his evil uncle ruin his pride and he sets off to make his father proud. Although each of the cast members gave an outstanding performance, what truly makes this production unique is the puppetry, sets, and visual effects. The innovation of this show is beyond any other musical. There is such unison between actor and puppetry it's almost like magic to the audience.

As Simba regains his title to the throne and the perfor-

mance ends, a standing ovation breaks out through the packed theatre. Not one seat was empty on the opening night of "The Lion King" and for the future it is likely that shows will continue to sell out for such an amazing production.

Student tickets are on sale now for "The Lion King." They are available for performances on Sept. 24 and 25. Student tickets cost \$43.00 each and can be purchased at The Opera House using the password: STUDENT14.

Sinclair kitchen hosts first annual "Dueling Donuts" competition

Aiyana Edmund
Journal Contributor

Perched on stainless steel bar stools under a canopy of chic black cloth umbrellas, the elbows of diners supported eager bodies against wooden table tops. Wait staff circulated The Sinclair's outdoor patio, their hands laden with white porcelain dishes adorned with glazed doughnuts.

The first ever "Dueling Donuts" spectacular between the renowned Union Square Donuts and The Sinclair kitchen in Cambridge was hosted on Saturday at The Sinclair patio headquarters. For \$20, guests were able to judge the dueling venues' doughnuts based on creativity, presentation and pairing of the cocktails served.

Light chatter drifted around the patio on the tail ends of the afternoon breeze, the sounds of content sighs and forks clinking bubbled between sugar coated bites. The first round was presented; a smoked miso caramel glazed mini doughnut topped with crushed salted pretzels. The rich glaze seeped through the center hole of the doughnut, leaving a puddle of



Photo by Aiyana Edmund

Two of the competing doughnuts from Saturday's "Dueling Donuts" competition.

extra smoked salty goodness doughnut, the crushed hazelnuts speckling the brown butter glaze like fresh fallen snow on a grassy field. Both doughnuts paired seamlessly with

the cocktail served, a Barismo cold brewed coffee with Overholt and Montenegro whipped cream, a slightly bitter and strong iced drink named "The Turbo." The whipped cream, once stirred in, lifted the punch of bitterness with a light touch of sweetened cream.

Only halfway through the duel and feeling a sugar laced buzz creeping through the bloodstream already, Travis Lau, 22 of Oahu, Hawaii laughed as he took bites of the second round of doughnuts, a milk-glazed and fruity cereal coated mini donut along with a larger strawberry-lime glazed and coconut dipped doughnut.

"I have to admit that the strawberry, lime and coconut doughnut pulled at my heart strings. It hits so close to home, being from the North Shore of Hawaii with the everlasting coconut affair. That one's probably the winner on taste," said Lau.

How does someone such a long way from home wind up at a doughnut duel in Cambridge?

"I'm in Boston visiting friends and initially they dragged me to this event, but in reality I should have ran here had I known it'd be this delicious," Lau said,

as he took a sip of ice water before biting into the fruity cereal coated doughnut.

The second round differed greatly from the first, freshening the palette with a citrusy touch that ended the tasting on a lighter note after the first, and much richer round. The milk glaze and cereal coated doughnut tangoed on the tongue delightfully with the drink pairing, a Goslings rum, cava, tiki bitters and allspice cocktail named "The Fez." The subtle sour hint of lime on the contending doughnut fizzed in compatibility with the cocktail, and left the tongues' taste buds cleansed like an aperitif.

Although the event may have only lasted the one day, fret not. Union Square Donuts' brick and mortar location is found in Somerville, along with many pop up vendors at farmer markets such as Harvard Square, Dewey Square and Greenway. The Sinclair in Cambridge, an American kitchen known for its delightfully boozy brunch and live music venue is open seven days a week, so for those of you who missed the first annual "Dueling Donuts", The Sinclair has more treats in store for us.

Bishop's brings family history to Beacon Hill

Jamin Buttafarro
Journal Contributor

This week I had the pleasure of having lunch at the new Bishop's Mediterranean Grill located on Staniford Street, just down the road from Donahue. I arrived around 2:30 p.m., right at the end of a busy lunch rush. The restaurant is very sleek and clean with booths around the perimeter and tables filling in the center. There is also a large patio with plenty of outdoor seating and an open kitchen area with a large glass deli case and counter where you place your order.

The friendly staff greeted me right away and after pausing to read the menu displayed over the counter on huge LED monitors, I asked for recommendations on popular items. The staff recommended the chicken shawarma pita wrap and the house cut French fries. (I admit that I've been dying to try shawarma since the quip at the end of the "Avengers" movie).

The sandwich is excellent: a warm pita stuffed full with marinated, juicy rotisserie chicken (slow roasted on a vertical spit in true Middle Eastern style), lettuce, tomatoes, pickles, and a robust garlic sauce - very intense - complements the chicken splendidly. The house French fries were far ahead of your average fries, fresh and piping hot with-



Photo courtesy of Bishop's Mediterranean

Bishop's Mediterranean offers traditional Middle Eastern food only a short walk from campus.

out that stale oil flavor that plagues the fast food variety.

After my meal, I had the opportunity to sit down with Basam Geha, the owner and chef, to hear his amazing story of how he came to open Bishop's Mediterranean Grill just two months prior. Geha came to America with his family from Lebanon in 1989 in an effort to escape civil war in his home country. They immigrated and found a home in Lawrence, Mass., and all took jobs working in a restaurant called Bishop's. Geha was 15 and worked bussing tables while his parents worked in the kitchen.

He continued to work at Bishop's through high school and college, waiting tables and tending the bar until he graduated with a degree in civil en-

gineering in 1998. Then in 2002, after 50 years of business, Bishop's closed. Not to be ousted from what had become a family business, Geha's family pooled together and opened their own restaurant in nearby Salem, N.H.: The Phoenician. By 2009, they had to relocate to accommodate for the tremendous success their business had earned, moving to a much larger facility in Haverhill, Mass.

"That's the dream; that's how great this country is, if you work hard," Geha said reverently as he discussed his family's journey from the war to their successful business here in Massachusetts. Their joint provides classic family restaurant staples such as prime rib and pasta

along with a selection of authentic Lebanese and Middle Eastern food. It was the latter that drew people in and made The Phoenician successful.

Last year, Geha decided to bring the traditional food of his family and home to the Boston metropolitan area. He purchased the old Staniford Cafe location and, after eight months of renovations, opened Bishop's Mediterranean as homage to the place that welcomed his family into America and set him off on his culinary career. Geha is very grateful for the opportunity to share his food culture with Boston.

Gesturing to the Lebanese menu that Bishop's Mediterranean Grill offers, Geha said, "... That's almost like pizza up where we live, that's how familiar people are with it."

Bishop's Mediterranean Grill is a must-try for lunch or dinner. Just a short walk from campus, (continue down Temple Street which turns into Staniford Street, and it is located in the plaza on the left), they offer authentic Middle Eastern food options prepared from scratch daily.

Free Wi-Fi allows you to get some extra work done while taking a lunch break; and keep an eye out for student discounts coming soon for Suffolk students along with a catering menu for functions on campus. Bishop's Mediterranean Grill is truly a gem in the Beacon Hill area.

Paolo Nutini takes the stage at the House of Blues

Sylvain Gaulier
Journal Contributor

Paolo Nutini took the stage at the Southern-inspired House of Blues on Friday, delivering a powerful performance.

Nutini, a Scottish soul singer, was framed by the venue's iconic multi-level balconies and ethnographic symbols, which send a mystic vibe throughout the House of Blues. This creates a unique atmosphere that draws you into the live performances.

Indie band Phox played a small set from their debut album before Nutini took the stage. The band managed to warm up the audience with some high-pitched solos and enjoyable harmonies.

Then, Nutini's set began. His serene, yet powerful attitude joyfully launched the concert. He played along with the audience and band members through some seductive looks while personifying all his songs with sincerity and emotion. After playing some of the songs from his latest soul album "Caustic Love," he performed



Photo by of Paolo Nutini

Three songs to check out from "Caustic Love"

"One Day"

"Fashion" ft. Janelle Monae

"Looking for Something"



a well-improvised mash-up of his two early hits "Jenny, Don't be Hasty" and "New Shoes." "Caustic Love" has received many positive reviews since

its release in April. However, this album is more mature than his previous ones. It appears he put more effort into his lyrics and the composition of his songs. "Caustic Love" deserves multiple listens in order to fully grasp the meaning and impact of its songs.

The Scottish soul singer now seems to have reached the full potential of his storytelling skills. He can be likened to a younger version of Ben Harper, who would have collaborated with Marvin Gaye. His album is also said to be a tribute to Motown singers. This powerful influence can be seen in many of

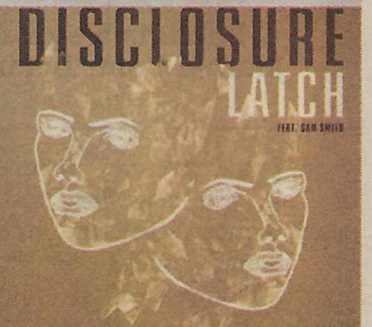
his songs, including "Scream" and "Let Me Down Easy."

In an interview with NPR, Nutini said that the new album refers to "the tough exteriors people develop to protect their emotions, and how romantic love often melts those walls away."

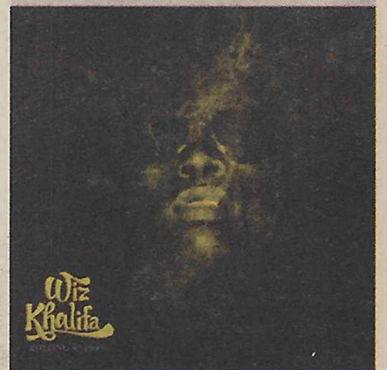
Nutini has played in many prestigious music venues such as Wembley Stadium and Glastonbury Festival. Nutini, now an experienced performer, is very confident in his singing and scenic abilities. This was clear on Friday, with his deep hoarse voice similar to the likes of his influences Rod Stewart and Damien Rice. He delighted the audience until the very end, when he finished his performance with his popular nostalgic ballad "Candy."

Ten years from now, I may not remember what artist I had seen in September of 2014, but I will certainly remember that I befriended a Polish girl who came all the way from New York City to see a talented Scottish singer. Music fosters a wide array of feelings that bring us together to appreciate the real meaning of life, evident at Nutini's show.

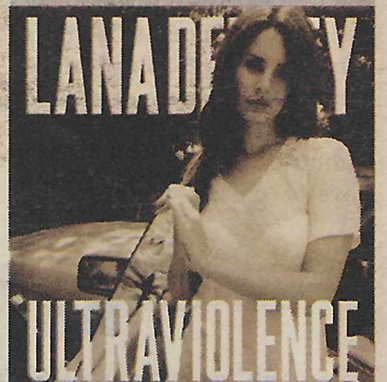
staff SOUNDS



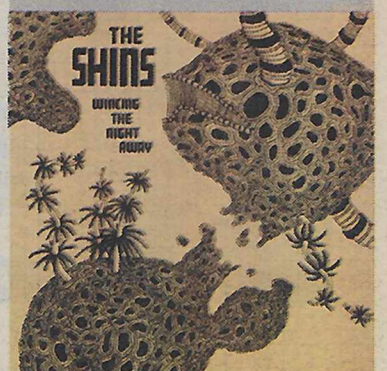
Disclosure feat. Sam Smith
"Latch"
-Dani M.



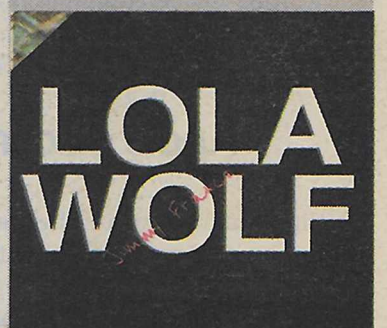
Wiz Khalifa
"Rolling Papers"
I've been listening to this all night!
-Sam H.



Lana Del Rey
"Brooklyn Baby"
-Heather R.



The Shins
"Australia"
-Haley P.



Lolawolf
"What Love Is"
-Thalia Y.

U2 releases first album in five years

Album instantly downloaded onto every iPhone and iPad

Patricia Negron
Journal Contributor

If you have an iPhone or iPad, you may have suddenly noticed that the new U2 album, "Songs of Innocence" appeared in your music library on Sept. 10.

"Never before have so many people owned one album, let alone on the day of its release," Apple boasts on its website. But, that honestly feels way too much like cheating: never before have so many people been forced to own an album!

My favorite songs from the album are "The Miracle of Joey Ramone" and "Iris (Hold Me Close)" because of the stories they tell, but I have to admit that "California (There Is No End To Love)" has a particularly catchy chorus. All in all, the songs flow well together in a way that doesn't sound monotonous; each track definitely has its own particular spark.

The album attempts to embody the feelings of childhood and is clearly a reference to the first part of William Blake's collection of poems "Songs of Innocence and Experience." This might be an indication that their next album will be "Songs of Experience" and will have a darker feeling to it.



This surprising move from Apple with U2's album has received different reactions, some definitely better than others. Some people think that it was creepy for Apple to place U2's new album on everyone's phones without asking. Others

regard this as a breakthrough because the music is free yet the musicians are paid for their work as well. However, most people are questioning if the idea of putting free music in people's phones might go against the customers' rights and satisfaction.

In the past few decades, technology has advanced in a way that nobody could have predicted and the uses for it have become increasingly more creative. As technology continues to advance, there will be certain aspects of it that will simply have no precedent; we still have yet to see whether Apple's latest move will be remembered as ethical or unethical.

It is also important to remember that this is probably the most attention that U2 has received in a while because fans, haters, and all Apple consumers are talking about this.

In a recent interview with TIME Magazine, the band talks about "a secret Apple project that might just save the music industry." While I personally do not have anything against U2 or their music, it just seems a little presumptuous to assume that a project will save the whole music industry from the evils of piracy and free access to music offered by the internet.

I probably would not have listened to the album if it had been on YouTube instead of on my iPad. But, I found myself enjoying the mellow rock album pretty quickly—it's the type of music that they're known for, and it's good.

People have been sharing and downloading music illegally for more than a decade, but even convincing everyone who uses YouTube instead of downloading to start buying all their music again seems impossible. If there's one thing I can say about my generation it's that our student debt is so high that we'll do anything for free things, even watch a 30-second ad on YouTube between songs.

Although musicians should be paid, students don't always have money to spend on music. It was a cool move from Apple to give me a new album to add to the extremely limited selection of music on my iPad, but as a consumer I would have greatly appreciated the option to do so in the first place.

For those of you who are iPhone or iPad owners and want to erase the album from your library, a quick google search will show you various discussions on the Apple support website, which will direct you to a link that, upon your confirmation, will erase the album from your account.

ARTS BRIEFS

Suffolk alumni honored with Emmy



Photo courtesy of Suffolk University

Two Suffolk alumni received an Emmy for their work on the documentary, "American Experience: JFK." Pam Gaudino graduated from the university in 1997 and began working for WGBH. In 2009, Gaudino hired Lauren Noyes as an intern. She was hired full-time at WGBH shortly after. Five years later, the two were awarded the Outstanding Documentary or Nonfiction Special award.

Apple discontinues iPod classic

With the release of the new iPhone 6, Apple also revealed that they would no longer continue to manufacture the iPod classic. The portable music player, which debuted on the market in 2001, had the largest storage capability of all iPods, iPhones, and iPads. With 160GB of storage, the iPod classic allowed owners to carry up to 40,000 songs comfortably in their pocket. The iPod classic was also the last of Apple's products to not feature a touch screen.

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STAFF EDITORIAL

On the front page of today's edition, the Journal published the full salaries of Suffolk's top 10 highest paid employees.

This information was gathered from public documents and represents the 2012 calendar year.

Though it may seem alarming to read that the university is paying more than \$3 million to 10 people, Suffolk students must remember they are investing in an education.

As long as the students at this university feel they are receiving an education worth thousands or millions (collectively), we can get over the initial shock of seeing the high salaries paid to our top 10 officials. Perhaps there should even be some pride.

The people on Suffolk's top 10 list include the president, college deans, and law school professors. These are some of the people who directly shape our curriculum and help lead us to promising careers. Also included are the vice president for government relations and community affairs and the senior vice president for finance and administration and treasurer; important positions necessary for the lasting success of the university.

When looking compara-

tively at other schools, Suffolk's top 10 are being paid much less than other universities in the area. Boston University is giving its top 10 more than \$9 million. If you think the education you are getting here at Suffolk is just as good as the one you could get at BU, then you are getting a pretty great deal.

If you need more convincing that the \$3 million paid to our top 10 is worth it, think about the high salary of former president David J. Sargent a few years ago. *The Boston Globe* reported that Sargent was making up to \$2.8 million. That's almost the entire amount our top 10 made in 2012 (the most recent data available).

McCarthy was paid a total of \$544,614 in 2012, which is extremely reasonable when compared to Sargent's salary and the salaries of other area university presidents. New president Norman Smith said he is being paid even less than McCarthy was. Even more reason to feel okay with the large sum Suffolk is giving its top 10.

So, look at this as a justified payment to the people you are trusting with your highly valuable education. And if you don't agree, speak up.

Another political office asking for a raise

Alexa Gagosz
Journal Staff

What would you do with \$87,500 a year? I don't know about the rest of you, but I would start paying off this hefty tuition.

But according to the Boston City Council (BCC) members, that salary is just not enough. They are currently putting a vote in place to argue that they should make around \$110,000.

According to *The Boston Globe*, the Massachusetts Legislature makes a base salary of \$61,113 a year, which means that if this vote passes, the BCC will be making almost double what their counterparts in the state house make. That would also make Boston's city council among the highest paid in the country.

What do city councilors even do? Good question. They sit in their chamber, passing the city's budget for the year. But they don't take part in writing it, unlike those in the legislature who will be making half of what the counselors do. They pass complaints to the proper departments and attend a meeting here and there. They also hold hearings. So, what is the big deal about such a hefty raise? Why do they need such a big salary so badly?

The last time they voted on their own raise was in 2006, so I guess it's safe to say that voting on your own raise should not happen every other year,

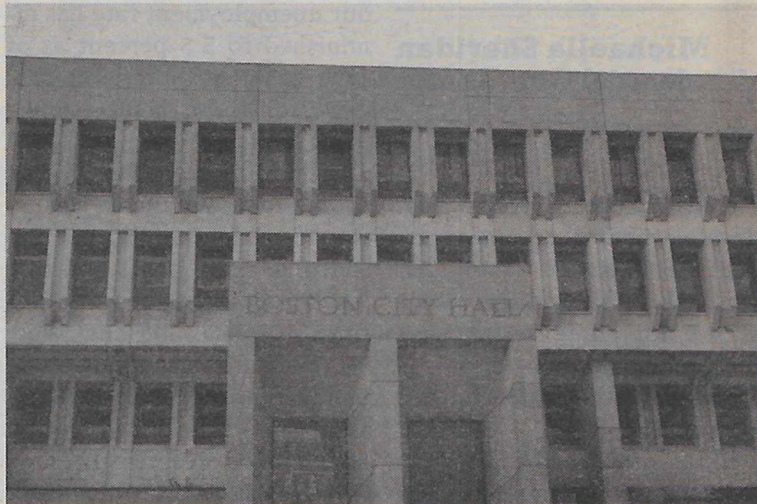


Photo by Sam Humphrey

Boston City Hall, where the BCC meets.

unless you want to be run out of office.

According to *The Boston Globe*, Mayor Marty Walsh, a former union boss, doesn't like that they have gone eight years without a raise and supports the idea.

BCC President Bill Linehan told the *Globe* that this raise is "long overdue," and the councilors argued that they needed this to continue supporting their families. Although, according to the U.S. Census in 2012, the median household income in Boston is about \$53,136, and the median household income for all Massachusetts residents is \$66,658.

One of the newest councilors, Michelle Wu, is proposing a citizen's commission that actually sets the salary for the council.

"As a new councilor, I want

to see a discussion on how we change the system and we make it such that City Councilors aren't setting their own pay," Wu said after the meeting to *The Boston Globe*.

In comparison, councilors in other parts of the state make significantly less. Springfield councilors just saw their raise go to \$19,500 this year, the highest paid member in Worcester makes \$29,000, and a member in Somerville makes \$24,5000, according to *Mass Live*.

Asking for another raise is doing nothing but punishing taxpayers, making them pay a figure that most citizens in the state would be thrilled to make. It would help if the people spoke out about the issue, or else the rest of us will literally be paying for it in the future.

www.suffolkjournal.net

THE SUFFOLK JOURNAL

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Urban Outfitters: vintage, vinyl, and vanity

Daniella Marrero
Int'l News Editor

Sexy. Hip. Vintage. Unique. A shining retail store upon a hill. At the cost of attempting to turn young hipsters into acculturated, enlightened individuals across the western world, Urban Outfitters has faced numerous lawsuits and short-lived media scandals due to their fearless (read: tasteless) ways of alluding to painful moments in human history via hoodies and crop tops. As stated on their company profile, they aim for their designs to "resonate with the target audience," and hell yes they do.

Let's start in 2012 when UO was selling a yellow \$100 T-shirt with a design that closely resembled the Star of David located on the left side of the chest area. The design made headlines as the Anti-Defamation League condemned the

design as "extremely distasteful and offensive" in an email sent to the retail company, according to *ABC News*, as it had the look of what Jews were forced to wear under the Nazi Regime. The store apologized for how the item was "perceived," which to me smells something like, "Sorry if the mass murder of millions of people still offends you."

The T-shirt came out just months after UO launched a "Navajo" line of items, including a "Navajo Hipster Panty," as reported by *ABC*. The Navajo Nation sued the company and asked them to stop using their trademark to create mock jewelry and clothing that poorly resembled their tribe. The items were not taken down, so consumers were able to purchase small dreamcatchers, amongst other items, made with the mundane hands of UO designers.

This year alone, the store has released several products that "resonate with the target

audience" a little too loudly, starting with a crop top that had the word "depression" printed on the front side of it in different sizes, as reported on *Buzzfeed*.

Twitter users were quick to react to this, making comparisons to a former design by UO of a v-neck with the words "eat less" printed on it. It is as if the fashion industry needed a reminder of the unnatural motto one must abide by to aspire to be a model for most retail companies.

But I suppose if you have ever dreamed of looking hip while simultaneously representing a few major illnesses that plague our generation, UO gives you the opportunity to do so.

Their latest great idea was a pink sweater with the logo of Kent State University in Ohio. It was marketed as vintage, a one of a kind (allegedly, there was literally only one of these

See URBAN page 12

Vote Yes on Question 3; No casinos in Mass.

Michaela Sheridan
Journal Contributor

Massachusetts voters will decide whether or not to repeal the Expanded Gaming Act of 2011 in November, which allows for three resort casinos to be evenly dispersed throughout the state and one slots parlor.

The proposed casinos in Massachusetts would appear to be a great addition to the state's economy, boosted by hyper-optimistic statistics. The massive entertainment centers would initially provide the state with thousands of jobs, millions of dollars in licensing fees and a further 25 percent of gambling revenue and 49 percent of slot parlor revenue. Looking a few years down the line, past the immediate benefits, however, the picture turns bleak as casinos prove to be a danger to the economic and moral integrity of our state.

According to anti-casino group, Repeal the Casino Deal, Governor Deval Patrick initially promised that three casinos and one slot parlor would provide Massachusetts with 50,000 jobs, but the current estimate rests at only 8,689 jobs. Most of these will not be created until 2017, and many will be temporary, part-time and entry-level positions with a turnover rate of 40 percent.

The group also notes that since 2011, Massachusetts' economy has improved and

our unemployment rate has diminished to 5.5 percent as of June 2014, so there is no real need for these adult amusement parks.

According to *The Boston Globe*, four out of the 12 casinos in Atlantic City, N.J. are shutting their doors, putting 8,000 people out of work. Casinos in Delaware and West Virginia are struggling, and Connecticut's Foxwoods and Mohegan Sun casinos reported double-digit declines in slots revenues in June. Even Reno, Nev. has launched efforts to re-brand itself as a destination for high-tech companies instead of gamblers and quick divorces.

Banned throughout the 1800s and 1900s, the casino industry was revived during the Great Depression in the 1930s in hopes that it would stimulate the suffering economy. Since then, 23 states have approved commercial casinos. Massachusetts would be the first state to have reversed its stance after legalizing them. So why is the Legislature backpedaling on the 2011 decision?

Because casinos are a predatory business. Gamblers spend money in the casino, at casino hotels, and at casino restaurants instead of local businesses. Although revenue tax will be passed down from the state to its towns and cities, local businesses will be forced to close shop without the resources to compete with the glitz and glamour of the casino resorts.

Casinos also prey on the

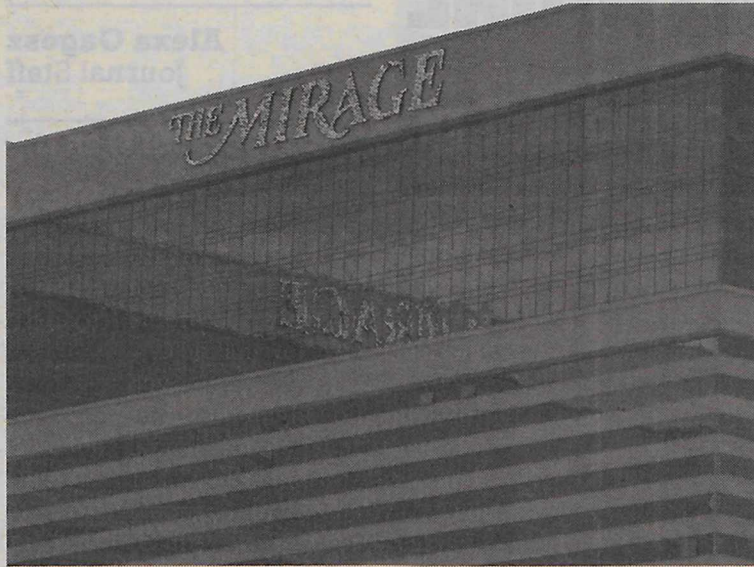


Photo by Flickr user Judy Baxter

Steve Wynn, whose company Wynn Resorts won the license to open a Boston-area casino last week, also operates high profiles casinos like The Mirage in Las Vegas.

individual gambler. Slot machines use advanced technology to keep players at the machine longer, losing more of their hard-earned money. Some neuroscientists refer to modern slot machines as the crack cocaine of gambling, because they cause addiction to develop so quickly. The stimulation of slots, a few free watered-down drinks, and no outside light would, one assumes, zombify players, and what is a zombie if not an allegory for an addict?

These casinos would enable addiction and possibly in turn, enable poverty, divorce, embezzlement and suicide.

There is no amount of jobs or tax revenue that could justify such harm to unsuspecting local communities. It is obvious that these casinos would not be global destinations like Las Vegas or Macau; they would lure in locals and steal the money that was initially given to them in the form of state tax money and earnings from the jobs the casinos created.

If voters choose not to repeal the Expanded Gaming Act, Massachusetts' progressive potential will be compromised. Do your part and vote yes on question 3 on Nov. 4, 2014. Vote yes. Stop the casino mess.

Urban Outfitters business plan: shock value

From URBAN page 11

available), so the deal was a "get it or regret it" sensation.

Much to the dismay of the designer that must have spent days and pounds of creativity on how the meaningless red splatters of paint would give it the perfect vintage look, the splatters ended up looking like blood stains, taking people back to the disastrous 1970 massacre that happened at the university.

Kent State released a statement on the sweater, judging it "beyond poor taste" that "trivializes a loss of life that still hurts the Kent State community," according to *The Washington Post*. UO, once again, "sincerely" apologized that this item was "perceived negatively," as if there is any other way to to perceive a \$120 awful-looking sweater that alludes to our National Guard's pitiful excuse that their lives were in danger in the presence

of an unarmed student protest.

Forgive us, Urban Outfitters, we will do our best to amend our perceptions and interpretation skills.

To be a supporter of UO and rock their faded jeans and v-necks while listening to Bob Dylan means to have truly accepted their X number of apologies (it's hard to keep an accurate number).

To continue shopping from them and remaining silent about insensitivity is to stand by their statements that their clearly offensive material is open for interpretation, setting the idea that our society's ideals should cater to publicity stunts masked as some designer's sudden bursts of creativity.

I was pleased when UO announced to *USA TODAY* that they will be destroying the sweater. Hopefully, they will soon do the same to their shameless business model, too.



Photo by Flickr user Fouquier

Shoppers spotted with an Urban Outfitters bag.

A WORD FROM

suffolk university

SSGA
student government association

Dear Suffolk Students,

The Student Government Association would like to give a few updates for this week. We were happy to see so many of you at the Temple Street Fair!

Elections are now open. Please make sure to go onto SUConnect and vote for your senators running, because they represent YOU!

Good luck and happy campaigning to all of the candidates!

The SGA Retreat will be Sept. 26 to 28. We hope to see all newly elected senators there, as well as all other club members who have RSVP'd.

Come meet some of your finance committee members Wednesday! Stop by D403 at 1 p.m., enjoy some great food, and learn about what your finance committee does on campus

Our weekly meetings are held every Thursday at 1 p.m. in Donahue 311. As always, if you have any questions, please do not hesitate to contact us at sga@suffolk.edu.

Have a great week,

Student Government Association

The Paleo Diet: what you should know

Katie Dugan
Journal Staff

You've probably heard of the "primal eating" trend, more commonly known as the Paleo diet. The idea behind this diet is that it encourages us to eat like our ancestors did. Two point six million years ago there was no bread, or milk-based products, and certainly no way of making them.

The Paleo diet excludes grains, heavily processed oils, and other processed foods. In other words, zero junk food. You're free to think what you want about this diet, but I can for one tell you that it is not an easy diet to stick to.

On the other hand, you would be surprised that there is actually a lot that you can eat on this diet. A hunter-gatherer or forager society is nomadic, so most or all food is obtained from wild plants and animals.

This means a diet of meat, meat products (eggs & honey), vegetables, fruits, nuts and seeds. Some forms of the Paleo diet include added fats such as coconut oil, avocado, butter and ghee, a type of clarified butter.

According to pro-paleo dieters, the reasoning behind excluding grain is that grains can lead to inflammation and related health problems. While

this can be true for people with gluten allergies, it has been proven that whole grains can improve our health, and that inflammation is not directly caused from consuming whole grain products. So completely eliminating an essential food from our diet is probably not ideal for our overall health.

While "primal-eating" does have its good qualities, it is not without its flaws. Our foraging ancestors commonly suffered from parasites, infectious diseases, and a disease called atherosclerosis, or, hardening of the arteries.

Of course, we are lucky to live in this day in age that we have refrigeration and purification systems that keep our food safe to eat. But it is definitely something to keep in mind for those of us who put Paleolithic humans on some kind of diet-pedestal.

In June, my primary physician told me that I am lactose intolerant. I never realized how much of my diet consisted of dairy products until I could no longer have them. I took to the internet to see what my options were for dairy-alternatives. After many hours of searching, and trying to figure out what in the world almond milk is, I came across the Paleo diet.

I gave it the old college try, and gave up rather quickly. Cutting out dairy wasn't so problematic as much as cutting out grains. I love my cereal, and

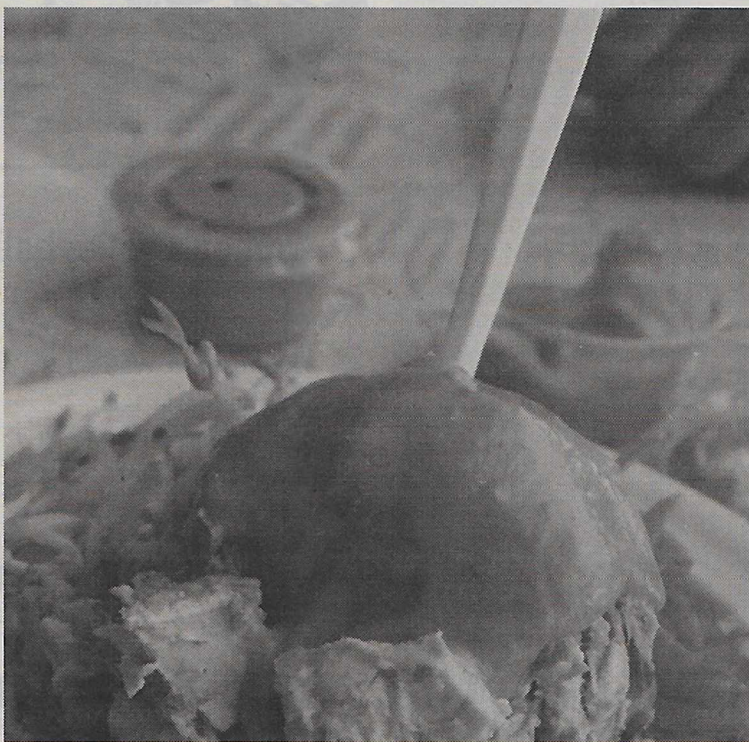


Photo by Thalia Yunen

Paleo Diet-friendly chicken salad on a bed of vegetables with an avocado-lime dressing prepared by News Editor Thalia Yunen.

my routine of a carb-loaded "breakfast of champions" was tough to shake, but it got me eating a lot cleaner and eating more fruits and vegetables. Because of this, I have a lot more energy, and I've stopped eating junk food. Except for the occasional and necessary cheat day, of course.

Here is some food for thought: human beings were not meant to drink milk all

throughout our lives. After a litter of newborn puppies are born, they all scramble to latch on to their mother's stomach to drink milk from her teats. But after a certain age, the momma pup will swat them away if they follow her around, trying to latch on.

My doctor put it in much simpler terms. He said, "If you were meant to be drinking milk at this age, you would be a lot

closer with your mother." Basically, if humans were meant to drink milk, we would be breastfeeding all throughout our adult lives. Again, think what you want about that, but it makes perfect sense. Humans are the only mammals who drink milk all throughout their lives.

I think what we can all take away from this is that while our ancestors might have had some of the right ideas, they were flawed. So, if you're interested in ditching that oh-so-yummy, not-so-healthy Kraft Mac & Cheese for some carrots sticks, here's what I suggest: start slow. Very slow. The problem people run into when they try this diet is that it's very overwhelming at first.

This can cause people to be inconsistent with their diets. And without consistency, there is no progress. Try eating a little more fresh food. Maybe eating some fruits and veggies with your Ramen noodles? Maybe consider replacing some of your processed food with normal food (key word: some).

Everyone is different. If you truly want to change your diet, you are completely capable of it. You just have to be motivated and willing to put in some effort. You have to find what works for you, and your body. And most importantly, your appetite.

My final say on the Paleo diet? One size does not fit all.

Django actress: racially profiled, or causing sensation?

Serina Gousby
Journal Staff

The recent police brutality cases involving Michael Brown of Ferguson, Mo., and Eric Garner of New York City were nothing but tragic to the country because they began a huge disconnect and trust issue between law enforcement and African Americans.

However, there comes a time when using the race card cannot always work, when cops have the right to do their job.

Actress Danièle Watts, known for her appearances in *Django Unchained* and the recent TV show *Partners*, was detained by Los Angeles police for allegedly performing a lewd act in a car with her boyfriend, celebrity chef Brian James Lucas, in the Studio City neighborhood of Los Angeles. According to *The Los Angeles Times*, Watts refused to show police her identification, which led police to believe that she

"First of all, playing a cop on TV does not justify anything. Secondly, being a celebrity on a major sitcom does not matter to the police if she allegedly had public sex."

was a prostitute.

The situation turned into a huge blowout after Watts accused the police officer, a Latino male, of violating her rights and racially profiling them; she is black and Lucas is white. She wholeheartedly said that they were only French kissing in the car, but several witnesses reportedly saw them doing more than that.

According to *New York Daily News*, Watts yelled emotionally to the cops, "I know my rights, I played a cop on TV and I know that when someone asks for ID you aren't required to give it to them ... I'm on a major sitcom right now, and I'm still getting put in handcuffs because I'm making out with my boyfriend in a public space."

First of all, playing a cop on TV does not justify anything. Secondly, being a celebrity on a major sitcom does not matter to police if she allegedly had public sex.

In a surprising twist in the recording of the incident, according to *Madame Noire*, Lucas conversed with the officer in a respective manner, allegedly putting the blame more on her to make him look better in the situation.

"This is a very sensitive subject to her. You know, the black and white [...] It's not as sensitive to me because I know where you're coming from [...] I know you don't wanna deal with stuff like this. This is not a protect and serve issue," Lucas told the officer, according to *Madame Noire*.

Her boyfriend seems a bit devious, because the next day on Facebook he posted, "Our freedom isn't freedom folks, when people can abuse others with no reason or evidence at all just because they "think" they have been given the power by people that are ONLY equal to us. Of course, they had to let her go eventually cuz we weren't a threat to anyone. They weren't expecting D to be so intelligent and outspoken..."

Lucas added on his post that because of his past experiences with the law, he gave them his ID, yet Watts had the right to not show hers. That makes absolutely no sense at all. It would make a lot more sense if he had told Watts to show her ID, to avoid a prob-

lem.

Additionally, *TMZ* released photos of Watts and Lucas fully-clothed sitting in an inappropriate position in the passenger seat with the car door open. Witnesses claimed that Lucas exposed Watts' breasts and that she was sitting on top of him, grinding.

Overall, this was not an issue of race, but just overbearing drama about a public display of affection. The police officer was very respectful to her, and specific about why he detained her, so they had every right to ask for identification. Watts would not have been detained if she had cooperated with the officer.

It was wrong for Watts to make her incident seem to be another racial conflict. However, when the story first came out, the message was in her favor because the details of what they were actually doing in the car was not yet out to the public. The police were just doing their job; not all officers are targeting civilians because of their race.

SPORTS BRIEFS

Boston Celtics want to keep Rajon Rondo

The Boston Celtics' future is far from certain, especially with veteran point guard Rajon Rondo heading into his final year on his contract. This week, owner Wyc Grousback expressed that he wants to keep Rondo on the Celtics roster. It has been rumored for the past year that Rondo has received interest from teams like the Houston Rockets, Sacramento Kings, Oklahoma City Thunder, Dallas Mavericks, and many others. The Celtics and Rondo's camp continue to claim that all the rumors are false and that Rondo would like to finish his career in green. After only appearing in 30 games last season, Rondo averaged 9.8 assists per game, which is a little short of his expected average in the past four seasons, 11. He suffered a season-ending injury after tearing his ACL January 2013. It is expected that he will be fully recovered for the 2014-15 season, but it is expected by many fans that the trade rumors will continue to swirl as the season progresses.

New England Revolution have soared with Jermaine Jones

Major League Soccer may not be huge in the public eye, but the New England Revolution have been making a splash since United States National Soccer Team star Jermaine Jones was assigned to the team. Jones, 32, has helped the Revolution go 4-1 since his assignment with the Revolution. He may not have any goals yet, but he already has three assists. Leading scorer, Lee Nguyen, has 13 goals, averaging 0.5 goals for every 90 minutes of play. The Revolution's offense has picked up as of late, but its defense has been lights out only giving up five goals in the past seven games. They sit at third place in the Eastern Conference with five games left to the regular season. They have 42 points, but only four points separate them from the sixth place team that is currently not in the playoffs, so nothing is guaranteed for the Revolution. Their next game is against Sporting Kansas City Friday.

Sports Photo of the Week



Photo by Jeremy Hayes

Cyclists turn down Court Street in the Mayor's Cup.



THE RAM REPORT

Team standings

Women's Volleyball

1. St. Joseph (Conn.) 2-0
2. Emmanuel 2-0
3. Johnson & Wales 1-0
4. Anna Maria 1-1
5. Saint Joseph's (Me.) 1-1
- (T-6). Suffolk 0-0

Men's Soccer

1. Johnson & Wales 2-0
2. Lasell 2-0
3. Norwich 1-0-1
4. Mount Ida 1-0
5. Emmanuel 1-0
- (T-9). Suffolk 0-2

Women's Tennis

1. Simmons 2-0
2. Johnson & Wales 1-1
3. St. Joseph (Conn.) 1-1
4. Albertus Magnus 0-0
5. Suffolk 0-1

*Note that all standings are GNAC conference records

Becca Eshoo, Lady Rams prepare for back-to-back conference games



Photo courtesy of Suffolk Athletics

Jeremy Hayes Managing/Sports Editor

In a major conference week for Suffolk University women's tennis team, the Lady Rams are set to face two conference opponents.

The Lady Rams (0-4) lost to Simmons College 7-2 in their home opener at Buckingham, Browne, and Nicholas in Cambridge, Mass. The only two home wins were in singles from No. 1 Aidiana Sagyndykova and No. 3 Becca Eshoo.

Eshoo is one of four upperclassmen on the team this season with what appears to be a very young squad with less collegiate experience.

"At first I wasn't sure about playing No. 3 singles, last year I was moving around a lot, but I'm a lock in at three," said Eshoo, a junior, from Farmington, Conn. "Moving up to No. 3, I was kind of nervous, but now I feel more comfortable playing there."

Eshoo addressed how this was a young team, with

many of the returning players moving around to different singles and doubles slots.

Coach Steve Counihan has had his hands full with rotating the doubles pairings, which is not unusual for the Lady Rams, but there have been seven different pairings in just four games with a disappointing 2-10 record.

The Lady Rams are 0-4 overall to start the 2014-15 regular season.

With just one conference game played, it is not time for the Lady Rams to hit the panic button yet.

"He [Counihan] has helped me overall in my game," said Eshoo. "I hit a lot better than I did from the start of the year. My doubles game has improved, I didn't play doubles at all in high school, so I'm a lot better now than I was two years ago."

Eshoo continues the tradition of being a very calm tennis player when the

team deals with early season struggles, because most players are aware that the team always gets a slow start when playing challenging non-conference teams.

With the first GNAC loss in their back pocket, it is safe to say these upcoming games against the Wentworth Leopards and St. Joseph Blue Jays (Conn.) will be the climax of the regular season.

The Leopards are a unpredictable matchup for the Lady Rams.

"We've played them [Leopards] both previous years I've been here," said Eshoo. "They just got put into our division, my freshman year we beat them, but last year we lost."

The Leopards (2-7) are 1-4 in conference games so far this season. A concern going against the Leopards is that the team is 9-18 in doubles matches, which overshadows the doubles play of the Lady Rams.

They face the Leopards Thursday, followed by the Blue Jays Saturday. Both games will be played at home.

New developmental football league features Boston team

Kevin Small Jr.
Journal Contributor

The Fall Experimental Football League (FXFL), which will begin play in October, will offer players with National Football League aspirations another platform to showcase and develop their skills.

The inaugural season will compete in four markets; Brooklyn, Florida, Omaha, and Boston. Each team will be given a roster limit of 40, which will probably primarily consist of undrafted rookie free agents, in an attempt to ensure that the best quality of play is on the field as well as everyone getting the repetition that they need to develop physically.

Jonathan Walton, a semi-professional football player within the New England Football League, thinks very highly of the league, and wishes that this concept was developed a lot sooner. "A lot of people that I've played with during my career had tryouts with NFL teams and once they were cut, they simply didn't have a platform to play on that the NFL truly recognized. This could be that league," said Walton.

This league can in

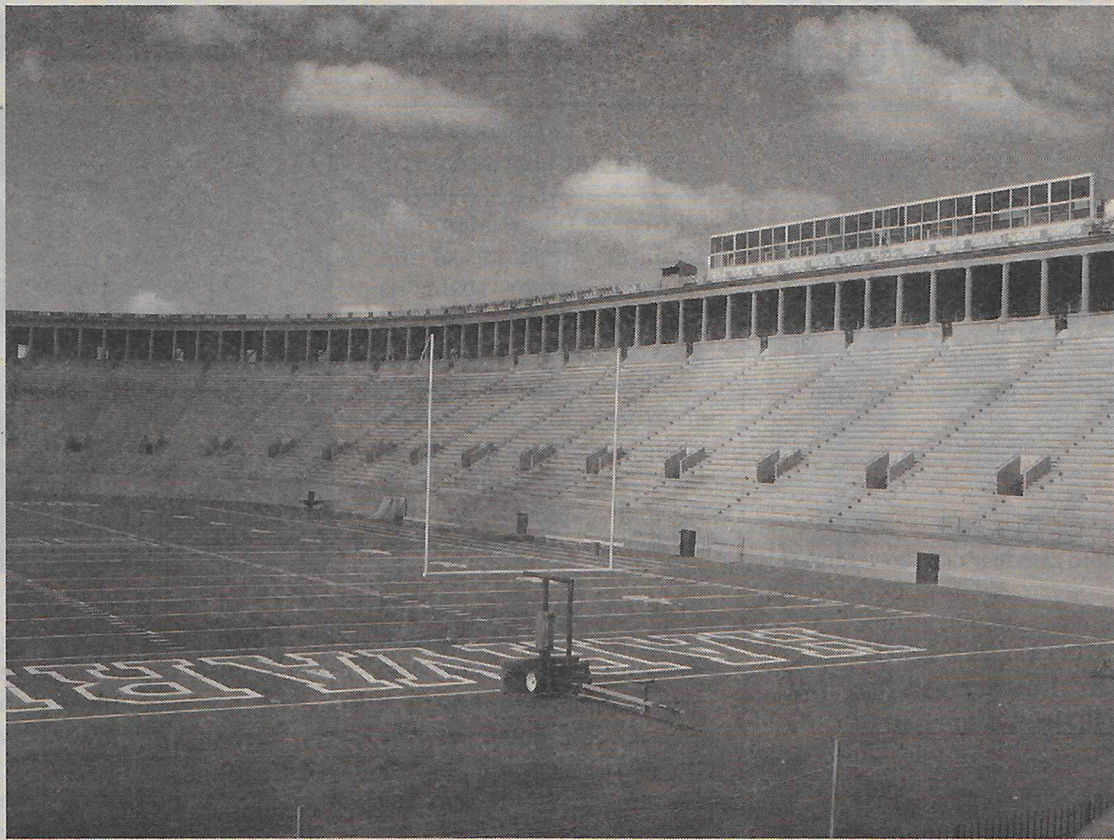


Photo by Flickr user Ban-Ki Moon

FXFL team, Boston Brawlers, will host home games at Harvard Stadium

fact be that league. With underclassmen declaring for the NFL draft more than ever before and with the decrease of practice time due to the 2011 Collective Bargaining Agreement, this is the perfect alternative for players who

usually just train at home once they are cut from NFL rosters to get live experience.

Brain Woods, Founding Commissioner of the FXFL, really hopes for this league to model the National Basketball Association D-League and

Major League Baseball's minor league farm system and offer players what he calls "NFL opportunity."

"Players will be able to leave our league if they get a call from an NFL team," said Woods on Mike and Mike

Morning Radio Show on ESPN. "If released from that NFL team they can come right back to the FXFL. This will basically serve as a Triple-A equivalent to what you see in baseball."

People around the NFL are already buying into this "NFL opportunity."

Tajh Boyd, former Clemson star quarterback, was drafted by the New York Jets in the sixth round in the 2014 NFL Draft but was unable to make their final 53-man roster. Just a few days ago, he signed a contract with the Florida Blacktips of the FXFL to be their starting quarterback.

Former Offensive Coordinator of the Chicago Bears, Terry Shea, is also on board with the league, agreeing to terms to serve as the head coach of the Boston Brawlers.

This league hopes to not only develop players, but to develop referees. Commissioner Woods said the most of the interest that he received from the NFL was in regards to potentially developing referees and testing potential rule changes.

The league is young, and definitely wouldn't be able to sustain with just four teams, however this has the potential to be a gateway to professional football.

Boston Red Sox offer another season to forget

Brian Horner
Journal Contributor

The 2013 World Championship brought a lot of expectations for the Boston Red Sox 2014 season which fell very short of every fan wants and desires. The Red Sox will finish last in their conference and third to last in their division disappointing fans.

One of the many problems for the Red Sox is that the runs batted in have been far lower than expectation or even last season's numbers.

The Red Sox ended last season with 853 runs and only netted 593 this season, a gap of 260 runs. This lack of production came from many different players. One huge hit to the Red Sox was the loss of Jacoby Ellsbury.

Ellsbury brought 92 runs to the season while his replacement Jackie Bradley Jr. only had 45 runs.

Other players run numbers were down, including Dustin Pedroia, Jonny Gomes, Will Middlebrooks, and Mike Napoli. With just these four players the team lost a total of 103 runs. In order to win a baseball game without

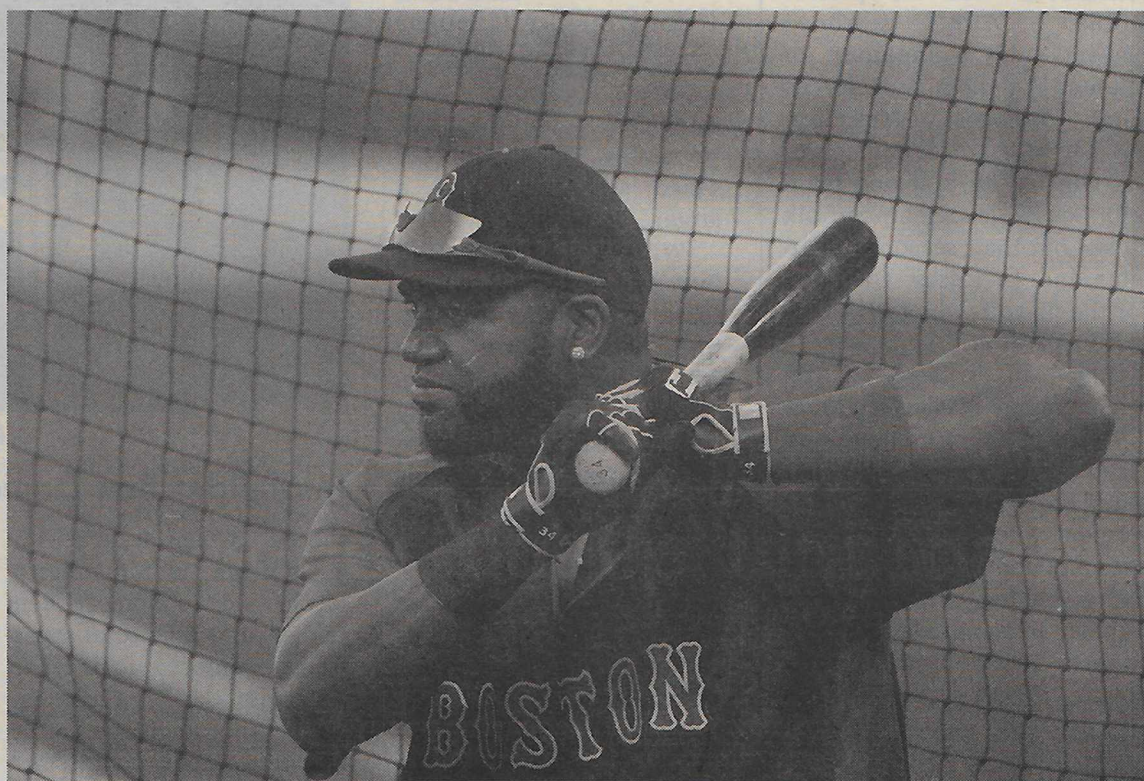


Photo by Flickr user Keith Allison

The Boston Red Sox are in last place of the American League Eastern division, and 27th in league for runs per game.

Notable post-championship Red Sox Departures

Jon Lester

Stephen Drew

Jonny Gomes

Jacoby Ellsbury

John Lackey

Ryan Dempster

Jarrod Saltalamacchia

Jake Peavy

Felix Doubront

bountiful runs, a team needs all-star pitching and the Red Sox have been lacking that.

Jon Lester has put up the numbers he always does dominating batters, but other pitches like Clay Buchholz and Brandon Workman have struggled throughout the season. Clay Buchholz was 12-1 last season, which he did not keep up with this year. His starts were either lights-out or he would go four or five innings and have to be pulled.

Brandon Workman was supposed to be a good pitcher to put into the rotation but at this point he is 1-10. Though he hasn't been getting much help in terms of runs. With trades this season, the Red Sox have made some big moves for the future.

Trading away the beloved Jon Lester was a blow to many Red Sox fans having seen him go through cancer and then become the ace he is but his trade helped clear up cap room for the next season. The trade of Stephen Drew, John Lackey, and Gomes gave the Red Sox some cash to play with for next season.

One thing is for sure: this season will be one to move on from and forget.

Coach Mickelson brings new hope for volleyball



Photo courtesy of Suffolk Athletics

Coach Kristine Mickelson (black shirt) discusses her gameplan with the team in her first year coaching in the 2013-14 season.

Grant Fries Journal Contributor

Working for the marketing department at Northeastern University by day and coaching volleyball by night, Kristine Mickelson walks and talks like someone who knows what she's doing.

It's this confidence that helped lead Suffolk Women's Volleyball to their first playoff tournament appearance in five years in 2013. While the 2014 hasn't gone as smoothly, the 26-year-old Coach Mickelson still has confidence in her team.

Growing up in San Diego, Mickelson found herself excelling at volleyball and water polo, lettering in both sports. After taking her high school, Scripps Ranch, to a regional state championship in 2005, Mickelson found herself wanting to attend a college in the Boston area.

Mickelson settled on Bentley University, attracted to its small size and closeness to the city.

"Bentley ended up being a really great school for me," she said.

It was while at Bentley that Mickelson further developed her skills on the court. In four years, Mickelson never missed a game. A Division-II East Region All-Tournament team selection in 2009, Mickelson was also a two-time All-Conference selection by the Northeast-10 conference her junior and senior years. She became one of the top players at Bentley due to not only her prowess on the court but her tireless work ethic as well.

"I remember working so hard one practice I cried at the end," said Mickelson, "I was really the most competitive with myself."

It's these same high standards that Mickelson

holds her team too. As an assistant coach at Suffolk, she established herself as the 'bad cop.' However, as her team changed and Mickelson eventually became head coach, she left the bad cop role to her assistant coach, Brook Tallinger.

Mickelson instead focuses on building her team's confidence, fundamentals, and work ethic. While a volleyball team usually has 12-14 players, Suffolk's has only nine.

"I have nine girls who really want to be here," said the undeterred Mickelson, "I see us as small but mighty."

The 2013 season, said Mickelson, "was the perfect storm." With seasoned players and a number of talented seniors, such as Sarah Arbogast, Mickelson led her team to a number of big wins. With a strong team and focused leadership Suffolk closed out their season with 16 wins and 14 losses. Qualified for the playoffs, the Lady Rams lost in the first round.

Like all college sports, teams change season to season.

With her seniors gone and faced with rebuilding her team, Mickelson looked for women who have potential, passion and positivity. This has given her a team with a number of talented freshmen, such as Krista Iacobucci and Megan Correia, as well as strong leadership from her upperclassmen, such as senior Glamarys Sierra.

As for the rest of the 2014 season, Mickelson hopes to build on the team's 12-18 record. Coming off a win against the Salem State Vikings on Saturday, the Lady Rams travel to the Albert Magnus University Falcons this weekend. They face St. Josephs College of Maine as well as the hosting Falcons in a GNAC Trimatch.

Erika Nelson, soccer squad look for consistency

Ian Kea Journal Contributor

George Dilboy Memorial Stadium, the home of the women's soccer team, is dormant no more as the girls of fall are back at it.

After a competitive showing in the GNAC conference tournament last year in which they finished second in the conference, the Lady Rams are seeking this season to win it all. So far in the 2014 season, the Suffolk women's soccer squad has gained momentum with a recent conference win over Norwich, however that is not enough going forward according to freshman forward Erika Nelson.

"In order to keep a winning constancy we really need to keep our composure and patience in the upcoming games," said Nelson. "Playing together as a team is a key component, along with going into each game with a winning attitude. We've been playing great so far,

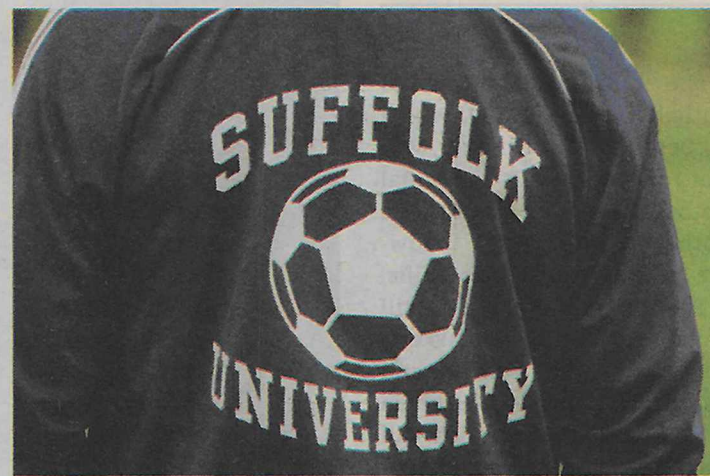


Photo courtesy of Suffolk Athletics

but now that we're getting deeper into the conference games it's time for us to really step it up and show what we're made of."

After playing the Jumbos on Tuesday, the Lady Rams will play nine straight conference opponents and none is more important than Lasell, the same team that defeated the Rams in the GNAC finals a year ago.

"It's going to be a good game when we play them, and a fight to the finish" said Nelson.

With a top-five conference leader in assists in freshman

forward Jennifer Martin, the Lady Rams have great opportunities to capitalize on the upcoming conference schedule.

"Her speed and foot skills are a great advantage for not only her, but our team as a whole," said Nelson. "Being able to beat players one on one down the sideline and get a cross off is huge in order to produce scoring opportunities."

With new players to compliment an already talented squad, the Suffolk women's soccer program has the tools to win it all.

Men's soccer seek to make an impact

Ian Kea Journal Contributor

After a tough 2013 campaign, the Suffolk University men's soccer squad seeks to make a larger impact in 2014.

With the addition of five new freshmen to the roster, the Rams hope to find a balance of fresh faces with veteran experience. With a string of losses early on this season sophomore defenseman Ben Daniels knew it was time to get back to the drawing board.

"After our very tough loss to Rivier, where we had the most possessions and more attempts on goal, our coach, Marco D'Andrea, thought it was time to change the formation and style of play because it just wasn't working," said Daniels. "We worked hard in practice all week on playing more direct style of play and creating more chances. We have also been trying to figure out a new defensive lineup, finally finding a back four that plays well together."

With a recent win over Regis College in double overtime, the Rams found



Photo courtesy of Suffolk Athletics

Midfielder Ben Daniels

success in their system with goals from Junior Alberto Bittan and Sophomore Ben Daniels and nine total saves from junior goalkeeper Nicholas Chamma.

"In the Regis game, it was very important to start off strong, and that we did, scoring in the first four minutes. Scoring first is something we hadn't done. It was a good confidence boost for the team" said Daniels.

With strong goalkeepers the Rams have been very competitive. Chamma, a top five leader in the conference in saves (38) and save percentage (.809), has brought stability to the Rams defense,

strengthening the team.

"Chamma has been playing outstanding this season, he has kept us in every game," said Daniels. "James Potter [goalkeeper] has also been playing amazing, starting the first two games, but is recovering from the flu. Whoever is playing in goal for us, we know that they will come up strong for us. Our goal tenders are the least of our problems at the moment."

With a recent win and momentum along with a strong defense, the Rams seem to have what it takes to have a good regular season and earn a playoff berth in the conference.